



# Lake Cathie Public School Handbook



*Through school spirit, inclusivity, innovation and opportunity, students collaboratively engage and are inspired to strive for excellence as leaders of their own learning, feeling a sense of belonging and connection to their culture, community and world.*



**SPIRIT**



**OPPORTUNITY**



**EXCELLENCE**



**Education**

Wallum Drive, Lake Cathie NSW 2445

PO Box 279 Lake Cathie NSW 2445

T (02) 6584 8060 F (02) 6584 8070

E [lakecathie-p.school@det.nsw.edu.au](mailto:lakecathie-p.school@det.nsw.edu.au)

W [lakecathie-p.schools.nsw.gov.au](http://lakecathie-p.schools.nsw.gov.au)





# WELCOME TO LAKE CATHIE PUBLIC SCHOOL

*Lake Cathie Public School, situated towards the southern end of beautiful Lake Cathie, proudly and successfully serves the local community. After a positive start in 2015, our school joins other local public schools in the Hastings and Camden Haven in a quest for providing high quality education, positive wellbeing and community connection for all students and their families.*

*Spirit, Opportunity and Excellence is the Lake Cathie Public School motto. A positive growth mindset is the basis for all we do. Effort is our focus and the celebration of learning occurs daily through exhibitions of learning where students can demonstrate their effort and their depth of understanding they are continually working towards.*

*New future focussed learning spaces, organised in stage based communities, encourage students to develop knowledge, but more importantly, the “soft skills” of collaboration, creativity, critical thinking, communication, citizenship and character.*

*In addition to our modern learning spaces, learning, wellbeing and connection occurs in our centrally located library learning hub. A large hall includes a purpose built indoor sports facility allowing abundant opportunities in many sporting and physical endeavours.*

*An excellent OOSH service, providing care, physical and social activity as well as nourishing morning and afternoon snacks is a wonderful partner for our school and our families. An active vacation care program also supports our growing school.*

*Vibrant, caring and dedicated staff support all students and families. Staff are highly trained and go above and beyond to meet the differing needs of our students. All staff care about students and embrace a growth mindset where learning and wellbeing are life long skills and aspirations.*

*The school attracts a range of parents who volunteer themselves and connect with each other to make a difference in the lives and learning of all students. A very active Parents and Citizens (P&C) Association demonstrate a wonderful connection with the community. The goal of the P&C is not just about fundraising but to assist children in learning about how communities work together respectfully and how to become an active part of the wider community.*

*We encourage parents to connect with the school and embrace our “open door” policy as we believe a positive home and school partnership enhances the effectiveness and value of learning and growing together.*

Jock Garven  
Principal



**SPirit**

**OPPortUNITY**

**EXCELLENCE**

## SCHOOL STAFF

### PRINCIPAL

Mr Jock Garven

### ASSISTANT PRINCIPALS

Mrs Kelly Cowan

Mrs Melissa Harris

Mrs Katy Haste

Mrs Alicia Watson

### ASSISTANT PRINCIPAL CURRICULUM & INSTRUCTION

Mrs Karin Haleblan/Mrs Joanne Harris

### TEACHERS

Mrs Bernadette Ainsworth

Mr Craig Ainsworth

Mr James Andrews

Mrs Sarah Burrows

Mrs Jess Cady

Mrs Diana Collins

Mrs Kelly Cowan

Mrs Rebecca Drury

Mr Daniel Dunbar

Mrs Samantha Forster

Ms Chloe Gain

Ms Trish Gray

Mrs Joanne Harris

Mrs Kate Harris

Mrs Katy Haste

Mrs Emma Havron

Mr Brice Hayward

Mrs Jayne Hooper

Mrs Megan Lee

Ms Stacey Melville

Mrs Rose Monaghan

Miss Taylah Murray

Mrs Pam O'Brien

Miss Eve Pollard

Mr Jay Pringle

Miss Ellen Stiller

Miss Briony Subritzky

Mrs Rebecca Turner

Mrs Alicia Watson

### ADMINISTRATIVE MANAGER

Mrs Rachel Caller

### ADMINISTRATIVE OFFICERS

Mrs Megan Adams

Mrs Liana Laws

Mrs Anne Weller

Mrs Kylie Whiting

### SCHOOL LEARNING SUPPORT OFFICERS

Mr Harry Forster

Mrs Cam Hall

Mrs Trisha Joyce

Mrs Emma McCormack

Mrs Kim McNiff

Ms Tara Ritchie

Mr Graham Walton

Mr Oliver Westman

### GENERAL ASSISTANT

Mr Adrian Hutchinson

### CANTEEN MANAGER

Mrs Kylie Whiting

## SCHOOL CONTEXT

Lake Cathie Public School, on Birpai Country, is a new school built during 2014 ready for its first intake of 81 students in 2015. The school has achieved a very positive reputation within the local and wider community since its inception. In 2024 there are 390 enrolments. The school's drawing area changed in 2020 where the Bonny Hills area returned to the North Haven Public School zone. A strong collegial partnership already exists between Lake Cathie Public School and the Hastings Valley Public Schools - HVPS community.

During 2020 and 2021, a large-scale capital works program saw the design and construction of seventeen new innovative learning spaces.

Teachers and instructional leaders strive for teaching practice aligned to the Quality Teaching model. The Quality Teaching model enables teachers to develop a deep understanding of what constitutes quality in teaching.

Students are inclusive, understanding and supportive of each other. Creative arts, sporting and Project Based Learning programs balance the strong academic and welfare programs within the school to cater for all students' needs and interests. The school enjoys a significant reputation within the community where Spirit, Opportunity and Excellence, the school's motto, is clearly embraced. Gratitude and Character align with the school's Mindsets for Learning program which enhances the growth and learning outcomes for students.

Professional staff work collaboratively to implement and sustain a quality learning environment rich with high expectations and nurturing for all students. Targeted ongoing professional learning is linked to the School Plan, building capacity in staff to provide high quality learning experiences.

The school encourages parents to be engaged and integral in the school's success, with a large P&C adding to the spirit linking the school with its community. The P&C contributes to whole school planning, provides financial support and creates opportunities for students, parents and the community to take part in social activities that build strong and meaningful relationships and positive school spirit.

A positive partnership exists with the Aboriginal Education Consultative Group – AECG – allowing the school to propose cultural activities that connect all students and the Aboriginal community in respectful and meaningful ways.

The school will continue to grow within the rapidly developing area of Lake Cathie and continually strengthen its commitment to positive community connections for its students and its families.

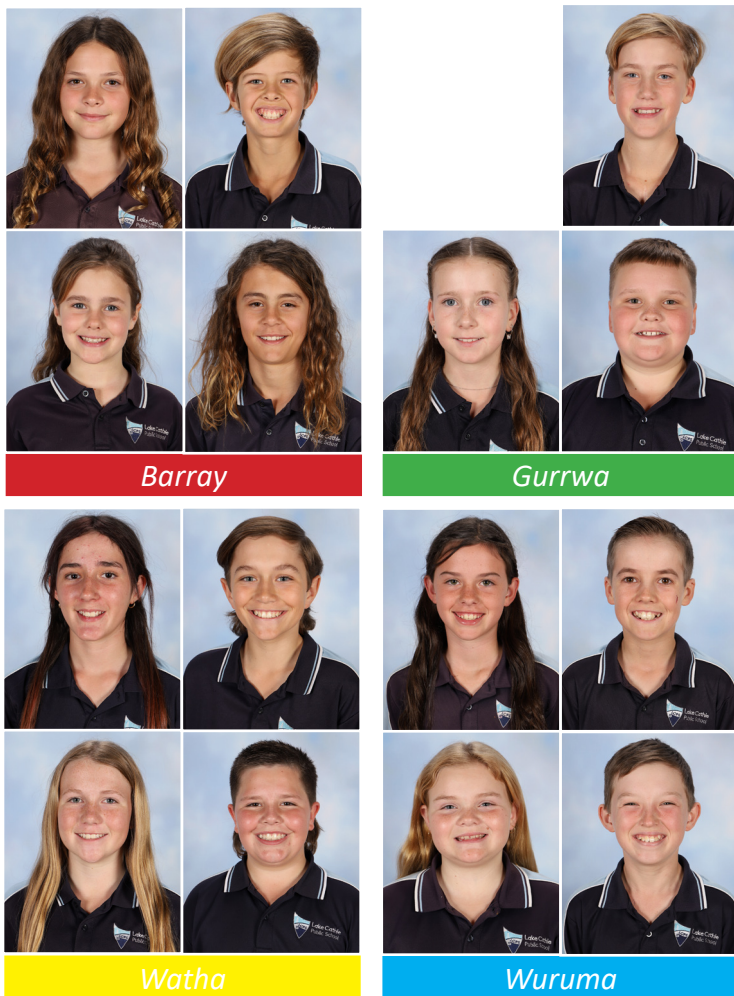


## SCHOOL PLEDGE

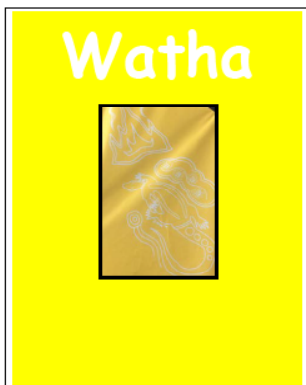
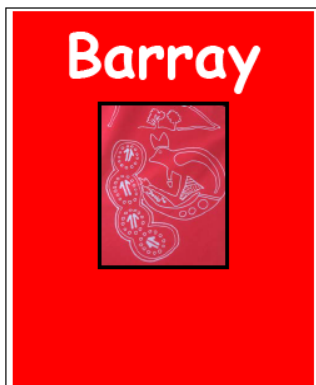
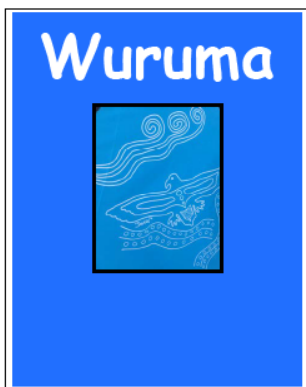
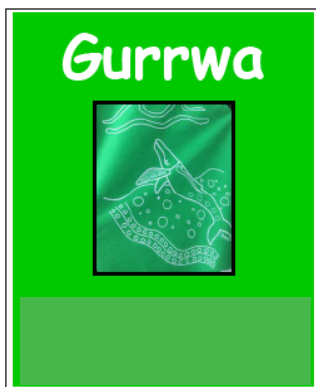
This day has been given to me  
 I promise to use it to its fullest  
 Excellence in all I do,  
 Taking every opportunity through and through  
 Look up not down, look forward not back  
 Making good choices, staying on track  
 I will share and be kind as I work and play  
 My spirit grows stronger with each passing day



## Sport House Leaders 2024



## SPORTING HOUSES



## SCHOOL DEVELOPMENT DAYS 2024

There are 5 designated School Development Days in 2024 and students do not attend school on these days.

Term 1	Tuesday 30 January Wednesday 31 January
Term 2	Monday 29 April
Term 3	Monday 22 July
Term 4	Thursday 19 December Friday 20 December

The purpose of these days is to address state wide and school priorities along with school-based curriculum and training activities that occur in an environment where the staff are free from classroom responsibilities.

## SCHOOL DATES 2024

Term 1	Thursday 1 February – Friday 12 April Kindergarten commence Tuesday 6 February
Term 2	Tuesday 30 April – Friday 5 July
Term 3	Tuesday 23 July – Friday 27 September
Term 4	Monday 14 October - Wednesday 18 December

## SCHOOL HOURS

8:15 am	Teachers on Playground Duty
8:45 am	Morning Session
10:45 am	Recess Break (15 minutes of supervised eating before play)
11:15 am	Middle Session
1:00 pm	Lunch Break (15 minutes of supervised eating before play)
1:45 pm	Afternoon Session
2:45 pm	Home Time

## ABSENCES

If your child has to be absent from school for any reason please notify the office by using the parent portal, replying to the message sent by the school, by written note or by calling the school within 7 days.

Students arriving late must attend the office with a parent to sign in before going to the classroom. Parents are required to attend the office when taking students out of class before close of school.

Parents wishing to take their child out of school for a period of more than 5 days must fill out an application for extended leave prior to the absence.

## ASSEMBLIES

Formal school assemblies are held twice per term in the hall starting at 1.45pm. Parents and families are invited to attend. Dates of assemblies can be found on the school website and portal calendar and will be published in the school newsletter.



## BOOK CLUB

Scholastic Australia Book Club brochures and order forms are sent home twice per term. Orders can be placed online at:

<https://mybookclubs.scholastic.com.au/Parent.aspx> by the due date.

## BUS TRAVEL

Application for bus travel needs to be completed online at <https://transportnsw.info/tickets-opal/ticket-eligibility-concessions/school-student-travel>

Children living outside a 1.6km radius (2.2km walking distance) qualify for free travel from their home address. Students within the zone may apply to Transport NSW for free travel if they are in Kindergarten, Year 1 and Year 2.

All children are required to show their current bus pass when boarding.

## CANTEEN

Our school canteen operates on Mondays, Wednesdays, Thursdays and Fridays and is run by a Canteen Supervisor who relies on the voluntary help of the school community to assist in the preparation and serving of food.

### Lunch Orders

Lunch orders are to be placed online before 9.00 am at:

<https://myschoolconnect.com.au/login>

or you can download the app through your app store.

If your child is absent and you have placed a lunch order this can be amended on My School Connect if done before 9.00 am on the day of the order.

Recess and frozen treats may be purchased over the counter or ordered online.

### Frozen treats

All students must present their lunch order bag at the canteen to collect their preordered frozen treats.

If your child brings a lunch from home that requires a spoon or fork please pack one in their lunch box. Canteen cutlery is for lunches that are purchased from the canteen only.

### Birthday Buckets

To help students celebrate





their birthdays whilst at school, the canteen offers Birthday Buckets which can be ordered through My School Connect, that contain a fruit juice based ice treat to share with the class. This is to avoid allergies some students may have to ingredients in cakes.

Keep up to date with canteen happenings on our Facebook page at <https://www.facebook.com/groups/604969129656982>

## CHOIR

Our school has a choir to develop music and cognitive skills as well as promoting self and collective focus and discipline. The choir will allow significant and relevant skills development and enjoyment.

## COMMUNICATION FROM THE SCHOOL

### School Website

The school's main line of communication is through our school website:

<https://lakecathie-p.schools.nsw.gov.au/>

The website should be the first place that you go to find information about our school or events taking place. Links to Department of Education resources can be located on the website.

### Parent Portal

The schools parent portal has information specific to your child as well as information about school events and permission notes. Notifications regarding student absences and reminders will also be sent through the portal. For information on how to access the portal contact the school office.

### Newsletter

The newsletter is published three times a term and is sent to families via email and is also available on the school website, parent portal and the school facebook page.

### Facebook

The school has a closed Facebook group that is used for sharing, celebrating and sending quick reminders or alerts to families. Please search for "Lake Cathie Public School" and request to join the group. Please answer the required questions to be considered for approval.

## CRUNCH AND SIP

Crunch and Sip aims to promote healthy eating habits. All students are encouraged to bring a small serve of bite size pieces of fruit and/or vegies and a water bottle

each day. During the morning session, the children will be encouraged to eat their fruit snack while they learn. Please ensure apples, oranges etc. are peeled/quartered.

## ENRICHMENT DANCE GROUPS

Students have the opportunity to be involved with the enrichment dance groups. Personal commitment and excellent behaviour will be required for a student to be a part of the enrichment dance group. Dance practices may include some sessions before school and lunch times. Performances will be held within and outside the school. Dance fees apply to students in the enrichment dance groups.



## EXTRACURRICULAR

The school participates in various extracurricular activities such as drama, debating and robotics.

## FAMILY LEGAL MATTERS

Please keep the school updated on any custody issues by providing a copy of any applicable court orders. The school has no legal right to deny parent access to a student unless current court orders have been provided.

## FIRST AID

Part of a child's healthy development involves coping with the usual bumps and knocks encountered in the playground. Children who are sick or injured may be referred to Sick Bay by their class teacher or playground duty teacher. A staff member who is a qualified Senior First Aid Officer will see to injuries, observe the child's progress, and, if necessary, contact parents. In an emergency an ambulance will be called.

Sometimes children may just need a little "time out"; ice is not the cure for everything!

## FIVE FAIR RULES

All of the teachers at Lake Cathie Public School are trained and very experienced in the implementation of the Classroom Five Fair Rules Program.

We are also fortunate that Rob Schouten, the creator of the program, is a close collegial partner with our school and a member of one of our Local Communities of Schools.

Each rule is explicitly taught to our students through fun and engaging social stories, songs and activities. The program focuses on positive behaviour for learning and implements a strong focus on teaching our core value of caring for everyone.

A clear set of consequences using the 5 Fair Rules Stop Lights seeks to promote focus on the positive language of learning rather than the language of correction.



## HOMEWORK/HOME READING

Homework is a part of the home-school partnership which supports students while they learn. Homework provides activities for the child to refine the skills and concepts being developed in the classroom.

All students are encouraged to read daily and borrow books from the library regularly.



SPIRIT

OPPORTUNITY

EXCELLENCE

## LOST PROPERTY

Lost property is located in a tub near the entrance to each stage hub. Please clearly label all your child's clothing and containers. Please check regularly that your child is wearing their hat/jacket and not someone else's.

## MEDICATION AT SCHOOL

Medication can only be administered at school when the appropriate information and permission forms have been completed. Any medications brought to school must be handed in at the office. Medication can only be brought to school by a parent/carer.

Asthma medication and EpiPens will be located in the most suitable location and taken on any excursions.

Allergy, Anaphylaxis and Asthma Action Plans and must be completed by the student's doctor and provided to the school by the parent. It is essential that all relevant medical information is provided to the school and kept up to date, each year.

## MINDSETS FOR LEARNING

Each week we embark on a deep dive into each of our six mindsets for learning. The program is based on the Growth vs Fixed Mindset philosophy underpinning our whole school values culture developed by our staff in collaboration with our P&C and our students.

Each of our six mindsets includes three growth statements that students will engage with both in the classrooms and in the playground. Each statement will involve a week's worth of learning to deepen our student's understanding of our mindsets. Lessons will evolve along-side our regular lessons, showing the connection between learning/ behaviour and a positive growth mindset.



SPIRIT

OPPORTUNITY

EXCELLENCE



## PARENTS & CITIZENS ASSOCIATION

The P&C meet twice per term in the library. Dates and times of meetings will be notified through the school newsletter, facebook and School Bytes parent portal. Meetings are a “round- table” format giving all parents the opportunity to raise any issues pertinent to the school. All parents/carers are most welcome to attend. A great way of finding out what goes on “behind the scenes” at Lake Cathie Public School!



## PAYMENTS

With the exception of Eftpos and online payments through School Bytes; money for excursions, visiting performances, sport levies, school fees etc. should be handed to class teachers each morning. Payments are collected in a class envelope and taken to the office for receipting. Receipts will be emailed to parents.

## POLICIES & PROCEDURES

Information outlining The Department of Education policies and procedures may be found on the DoE’s website:

<https://education.nsw.gov.au/policy-library>

## SCHOOL BAND

Lake Cathie Public School has an instrumental music and band program. Students from Year 3 to Year 6 can request entry to the band program. A high level of



personal commitment and behaviour will be required to enter the program. Term fees and instrument hire fees will be part of the commitment. The band will perform within and outside the school. An annual band camp is part of the yearly calendar.

## SCHOOL DRIVE SUBSIDY

The School Drive Subsidy is available in areas where there is limited or no public transport. The subsidy is intended to partly offset the cost of using a private vehicle to drive the eligible student all or part of the way to school. For further information go to <https://transportnsw.info/tickets-opal/ticket-eligibility-concessions/school-student-travel/apply-for-school-drive-subsidy>

## SCHOOL FEES

School fees include a voluntary contribution the school seeks from parents to help in the payment of quality educational resources and supplies including; art & craft supplies, classroom resources and maths and science equipment. School fees are capped by the Department of Education. The voluntary contribution for 2024 was set at \$45.00 per student. This will be reviewed at the beginning of each year.

In 2024 families will be invoiced at \$45.00 for the first child, \$35.00 for the second child, and \$20.00 for the third child, capped at \$100.00 per family.

A learning resource fee will also be invoiced at the start of each year.

## SPECIAL EDUCATION IN ETHICS (SEE)

Ethics classes are run as an option during the Special Religious Education/Special Education in Ethics timeslot only where volunteers are available. Ethics classes are discussion based, covering a range of age-appropriate topics. For more information on the curriculum and volunteering, please visit [www.primaryethics.com.au](http://www.primaryethics.com.au)

Ethics classes are only run if there is volunteers available.

## SPECIAL RELIGIOUS EDUCATION (SRE)

Special Religious Education is offered to students that have enrolled in a NSW Public School and parents/carers have indicated that they wish their child/ren to be involved in SRE lessons. Children not participating in SRE or SEE will be asked to complete alternative learning tasks eg. individualised projects/reading.

## SPORT

### Infants sport

K-2 students participate in a variety of activities at school as well as the athletics and cross country carnivals. Joggers are recommended.

### Primary sport

Year 3-6 students participate in a variety of summer & winter sports which are held at school and at outside venues. They will also participate in swimming, athletics and cross country carnivals. Joggers should be worn for sport activities.

### PSSA (Primary Schools Sports Association) trials

Primary students also have the opportunity to compete in PSSA representative trials in a variety of individual and team sports.



## UNIFORM SHOP

The school uniform is available to purchase from the LCPS Uniform shop, Orders can be placed and paid for online through the parent portal, the school website at

<https://online.schoolbytes.education/published-forms/2030/222ed1be-c873-4395-9614-17c48ef9046e>

or at the school office and will be sent home with your child when filled. New families are able to purchase uniforms on their enrolment.

### Clothing Pool

The Uniform shop has a selection of second hand uniforms for sale at reasonable prices. These are available for purchase direct from the school office. If you have any spare uniform items that could be provided to the clothing pool it would be appreciated.

## VOLUNTEERS AND VISITORS

Parent helpers and volunteers to our school are required to complete a Department of Education 'Declaration for Child-Related Workers' and provide one form of government-issued photo ID showing full name, date of birth and current address on their first visit.

Parent helpers and volunteers are also encouraged to obtain a Working With Children Check for volunteers. Information on how to go through this process is available at:

<https://ocg.nsw.gov.au/working-children-check>

All visitors to the school are asked to sign the visitors register at the office on arrival and when leaving. This is a Workplace Health and Safety regulation.

Parents and grandparents are welcome to assist in the classroom. Please see your child's class teacher if you would like to assist. The canteen and uniform shop also welcome parents, carers and grandparents.

## ZONES OF REGULATION

Supplementary Reproducible E for Elementary Ages



# The ZONES of Regulation

<b>Blue Zone</b> Sad Bored Tired Sick	<b>Green Zone</b> Happy Focused Calm Proud	<b>Yellow Zone</b> Worried Frustrated Silly Excited	<b>Red Zone</b> overjoyed/Elated Panicked Angry Terrified

Copyright © 2021 Think Social Publishing, Inc. All rights reserved.  
Adapted from The Zones of Regulation 2-Storybook Set | Available at [www.socialthinking.com](http://www.socialthinking.com)



# UNIFORM GUIDELINES

## ***The school uniform***

The wearing of school uniforms by students will assist in:

- defining an identity for the school within its community;
- developing students' sense of belonging to the school community;
- providing an opportunity to build school spirit;
- enhancing the health and safety of students when involved in school activities;
- promoting a sense of inclusiveness, non-discrimination and equal opportunity;
- promoting positive community perceptions of public education; and
- making school clothing more affordable for families by eliminating the risk of peer pressure to wear transiently fashionable and expensive clothes.

## ***Guidelines***

- The school community expects students to wear the school uniform in a neat and presentable manner;
- Except for special events the sports uniform is only to be worn on sports day;
- On formal occasions or excursions students must not wear sports clothes unless on a sports-related activity;
- No jewellery is to be worn, other than:
  - \* earrings which are (stud gun) studs or sleepers;
  - \* a watch;
  - \* plain gold or silver ring.

- The only hats permitted are those school hats that may be purchased from the uniform shop;
- Black polishable leather shoes with black laces, buckle or velcro. Sports shoes (joggers) with sports uniform;
- A student's appearance should not be a distraction to the learning environment;
- Hair bands, hair clips, ribbons and scrunchies are to be in the school colours of navy blue, sky blue and white or made from the girls' tunic material;
- Hair is to be worn in a neat and tidy manner; and
- Make-up or nail polish should not be worn.

## ***Implementation***

- The school uniform is to be neatly presented and in good repair at all times. No items of clothing that are not part of the school uniform are to be worn;
- Students who wear inappropriate clothing will be interviewed and have their parents/carers contacted to discover the reasons for their non-compliance;
- Students who are out of uniform will not be permitted to represent the school or attend excursions or functions where a uniform is required.
- Students will be asked to remove inappropriate jewellery.
- Students will be asked to remove any make-up or nail polish.

Lake Cathie PS Uniform Policy follows: NSW Department of Education and Communities School Uniform Policy 2014; NSW Work Health and Safety Act 2011; NSW Anti-Discrimination Act 1977



**SPIRIT**



**OPPORTUNITY**



**EXCELLENCE**

# GETTING READY FOR SCHOOL

## CLASSROOM NEEDS FOR KINDERGARTEN

The following items will be needed by each student.

**Please label all items.**

- 8 Staedtler whiteboard markers (black, red, blue, green for use on individual student whiteboards)
- 2 Bostik glue sticks
- USB flash drive minimum 4GB
- Headphones - wired with jack (not earbuds)
- Paint shirt (a big old T-Shirt is suitable)
- Library bag
- Please pack a change of underwear and uniform into your child's bag in case of little mishaps.

## CLASSROOM NEEDS FOR YEAR 1 – YEAR 6

The following are the requisites for all students for their own pencil cases. Please check your child's pencil case throughout the year and top up supplies as required.

**Please label all items.**

### *Year 1 -6*

- 10 HB pencils (Staedtler or Columbia)
- 1 set of coloured pencils (pack of 12 suggested)
- 1 set of coloured textas (pack of 12 suggested)
- 8 Staedtler whiteboard markers (black, red, blue, green for use on individual student whiteboards)
- A quality wooden or rigid plastic 30 cm ruler (not flexible or metal)
- Pair of children's scissors
- 1 double sided fold out clipboard
- Sharpener - barrel type which contains the shavings
- Pencil Eraser
- 4 large Glue Sticks (Bostik)
- 2 pencil cases ( 1 for coloured pencils and textas, 1 for lead pencils, eraser, sharpener, scissors and gluestick)
- Library Bag
- Headphones - wired with jack (not earbuds)

### *Extra items required by Year 1-2*

- USB flash drive minimum 4GB

### *Extra items required by Year 3-4*

- Artline Fineliner black pen 0.6mm
- Basic calculator
- Packet of post it notes

### *Extra items required by Year 5 - 6*

- 4 blue pens
- 4 red Pens
- 1 plastic document wallet
- 1 pad post it notes
- Basic Calculator
- Artline Fineliner black pen 0.6mm
- 1 set of highlighters





# ROAD SAFETY INFORMATION FOR PARENTS

## ***Pedestrian Safety***

The road outside our school is usually very busy in the morning and afternoon, and especially on wet days. Our children need adult supervision in and near traffic. Please remember the following:

- meet students outside the entrance gates
- DO NOT call children across the road to meet you
- hold the hand of children under 10 years of age when crossing roads or near traffic
- display safe behaviour yourself and talk to your children about being a safe responsible pedestrian.

## ***School Crossing Supervisor***

Transport for NSW provide a full time crossing supervisor at Lake Cathie Public School before and after school. Please follow all safety instructions from the crossing supervisor when using the children's crossing.

## ***Travelling by Car***

Many parents find it convenient to drive their children to school, however this can add to traffic congestion in the vicinity of the school. Please remember the following:

- take extra care when driving near the school
- observe the 40 km/h school zone speed limit
- DO NOT stop in the bus bay, or do U turns near the school
- park safely and observe all parking regulations
- meet children in the allocated pickup area and walk with them to the car - DO NOT call them across the road
- ensure that children enter and leave the vehicle via the kerb side door
- ensure that all occupants wear seat belts

## ***Bus Safety***

Buses provide a safe means of transport to and from school, however, students need to demonstrate safe responsible behaviour as bus passengers. Students need to take extra care as they cross the road at the homeward end of the journey. Please support safe bus travel:

- talk to your children about safe, responsible behaviour on buses
- reinforce the road safety messages delivered at school
- wait on the same side of the road when meeting children at the homeward end of the journey
- stress the need to wait until the bus has gone before crossing the road

Students Code of Conduct while travelling can be viewed at:

<https://apps.transport.nsw.gov.au/ssts/studentCodesOfConduct>

## ***Bicycles and Safety on Wheels***

The school provides education about safety on wheels, but we do not encourage children to cycle in or near busy traffic. Traffic conditions around the school in the morning and afternoon create additional hazards for cyclists. Children sometimes ride in an unpredictable manner and have difficulty understanding traffic situations. We recommend that you do not allow your child to ride a bicycle on the road unless the following conditions are met:

- the rider is at least 10 years of age
- they have a roadworthy bicycle of the correct size
- they wear an approved safety helmet
- they have demonstrated their ability to ride in a safe and responsible manner
- they have safe paths or roads on which to ride
- currently we discourage bicycle riding to school until there are safe paths to do so



# School Zone Road Safety

## Understanding the road rules



### No Parking

A driver must not stop for more than two minutes. You must remain in or within three metres of the vehicle.



### No Stopping

A driver must not stop in this area.



### Bus Zone

Vehicles other than buses are prohibited from parking or stopping in this area. Hours of operation may apply. Restrictions apply for those times only.



### School Zone

40km/h speed limit during hours of operation. Double demerits apply for speed offences in a school zone.



### Crossings

A driver must stop at the white hold line if pedestrians are waiting to cross. Drivers must remain stationary until the crossing is clear of pedestrians and must obey instructions from School Crossing supervisors.



## What you can do

Here are a few things you can do to help keep your child and others safer during drop-off and pick-up times during the school week.

- ▶ Always park and turn legally around schools and avoid dangerous manoeuvres like U-turns and three-point turns.
- ▶ It's safest for children to get out of the car on the kerb side of the road to be away from passing traffic.
- ▶ Where provided, use Children's Crossings to drop-off & pick-up children.
- ▶ Always hold your child's hand - young children may be easily distracted and wander into traffic.
- ▶ Always give way to pedestrians especially when entering and leaving driveways.
- ▶ Stick to the 40km/h speed limit in a school zone as children are about and can be unpredictable.
- ▶ Make sure your children are in the correct child car seat that it is fitted and used correctly.
- ▶ Make sure your child is wearing a helmet when riding a bike, scooter or skating.
- ▶ Look out for buses - a 40km/h speed limit applies which school bus lights flash.

Always meet your child at the bus stop. Never meet them on the opposite side of the road and call them across.

**Your child's safety depends on you.  
Young children can learn these  
safe habits from you.**

Visit: [roadsafety.transport.nsw.gov.au](https://roadsafety.transport.nsw.gov.au)

## KEEPING OUR KIDS SAFE AROUND SCHOOLS



[HTTPS://ROADSAFETY.TRANSPORT.NSW.GOV.AU/DOWNLOADS/KEEPING-OUR-KIDS-SAFE-AROUND-SCHOOLS.PDF](https://roadsafety.transport.nsw.gov.au/downloads/keeping-our-kids-safe-around-schools.pdf)





*“Every student is known, valued and cared for in our schools”*

**Strive to Succeed**

**Proud and Persistent**

**Integrity and Respect**

**Resilience and Courage**

**Inclusive and Understanding**

**Together we Grow**



Education



Lake Cathie  
Public School