



21 Nov 2022

## LCPS Swimming Carnival 2023

The School Swimming Carnival is for all students in Years 3-6. All students competing in 100m events will need to arrive at the pool by private transport at 8:45am ready to swim at 9:00am. All other students will travel by bus from school.

**DATE:** Monday, 6 February 2023. Students will depart school at 8:45am and return to school by 2:45pm.

**COST:** \$15 approximately, will be invoiced in 2023 school year.

**VENUE:** Wauchope Pool

### WHAT TO BRING:

- Students can wear house colours (no sleeveless shirts or singlets)
- Students may wear their swimming costumes to school on the day.
- Rash shirt, hat, towel, change of clothes and plastic bag to put wet items in.
- Recess, lunch and water bottle for the day. A canteen will be available at the pool.
- Please apply sunscreen before arriving at school.
- PLEASE LABEL ALL ITEMS

**NOTE:** Please complete and return permission note and payment before Friday, 16 December 2022.

**PARENTS TRANSPORTING CHILDREN TO AND FROM AN EVENT:** 100m swimmers will need private transport to this event, this is a family responsibility to arrange this.

**PARENT ASSISTANCE:** A number of parents will be required for official roles including time keeping. These parents will need to have current working with children check declarations. Please call the office directly if you can help in an official capacity at the carnival, on 6584 8060.

Swimming ability link: <https://forms.gle/u8UW8amKmPS89bQ87>

Mr Jock Garven  
Principal

MS Watson  
Excursion Coordinator

### Important information

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The Department's public liability cover is fault-based and limited to breaches by the Department of its duty of care to students that may result in claims for compensation.

Parents/Carers are advised to assess the level and extent of their child/ward's involvement in the sport program offered by the school, school sport zone, region and state school sport associations when deciding whether additional insurance cover is required prior to their child's involvement in the program. Personal accident insurance cover is available through normal retail outlets.

Parents/Carers who have private ambulance cover need to check whether that cover extends to interstate travel and make additional arrangements as considered appropriate.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the loss of use of certain prescribed parts of the body. The Supplementary Scheme does not cover medical costs or dental costs. Further information can be obtained from

<https://www.icare.nsw.gov.au/injured-or-ill-people/sporting-injuries/payments/#gref>. Further information regarding student

accident insurance and private health cover is provided at:  
<https://app.education.nsw.gov.au/sport/file/1449>.

### Concussion Clearance

The Australian Medical Association recommends students being symptom-free of concussion for 14 days before returning to sport. Students who have suffered a concussion within 14 days of the event, must provide written clearance from a medical practitioner prior to participating.

- If your child/ward sustains a concussion, or experiences any concussion symptoms, in the 14 days period prior to the event commencing, you must report this to team officials, and a medical clearance is required in order for your child/ward to participate in the event.
- Medical clearances can be attached to this consent form or can be submitted to team officials separately.

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Lake Cathie Public School  
**LCPS Swimming Carnival 2023**  
**Monday, 6 February 2023**

**Student Name:** \_\_\_\_\_

### Parent/Carer Acknowledgment and Consent

- I have read the information provided and I hereby consent to my child/ward participating in this event.
- I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures.
- I acknowledge and accept that there is a risk that my child/ward may be exposed to COVID-19 whilst attending and participating at this event.
- I confirm that my child will not attend if displaying symptoms of illness, and/or if directed to isolate under public health orders.
- I acknowledge that my child/ward will be under the duty of care of the supervising teacher during the event.
- I acknowledge that if my child/ward seriously contravenes behavioural expectation, they may be immediately excluded from the team. Should this eventuate, I accept full responsibility for my child/ward upon notification of their exclusion by the team manager including the cost return transport and accommodation.
- In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child/ward may require. I accept full responsibility of expenses incurred.
- I acknowledge that if my child/ward sustains a concussion, or experiences any concussion symptoms, in the 14-day period prior to the event commencing, I am required to report this to team officials. I further acknowledge that, should this occur, my child/ward will only be permitted to participate in the event, if a medical clearance is provided.
- I affirm that, to the best of my knowledge, my child has no medical condition or injury that places them at risk by participating in this activity.

Please list any medical issues we need to be aware of in relation to this activity:

\_\_\_\_\_  
Signed (parent/carer): \_\_\_\_\_ Date: \_\_\_\_\_

Parent's daytime contact no.: \_\_\_\_\_

Payments may be sent in with your child or online: <http://www.lakecathie-p.schools.nsw.gov.au/>

I enclose \$ \_\_\_\_\_ or I have made an online payment. My receipt number is: \_\_\_\_\_