

# Lake Cathie Public School

#### **Dear Parents and Carers**

With updated health advice and changes to state and national restrictions, schools have recommenced the majority of school-based activities. This guide details a number of activities that have either changed or remain under consideration.

#### The following principles underpin these guidelines:

- Schools continue to be safe and operations are in line with AHPPC and NSW Health guidelines.
- All students should be learning on-campus unless they are unwell or have a medical certificate to support their absence.
- Existing infection control protocols at schools, and new health and safety measures put in place will help maintain the health and safety of students and staff.
- All activities permitted at school are safe and appropriate in a living with COVID-19 environment.
- Schools continue to monitor and plan for any changes in local circumstances that may arise, including changes in health advice or local restrictions.

## Updated restrictions specific to all Hastings Valley Community of Schools:

- Non-essential adults are still not permitted on school grounds or at school events. This includes parents and carers except for face-to-face parent/teacher meetings that are essential (e.g. to discuss disciplinary or other welfare matters).
- All parents, carers, essential workers and support staff eg. Speech therapists, will need to sign a visitor declaration and provide a Covid Safe Plan where appropriate.
- Construction and maintenance providers may attend schools for asset-related activities.

#### Specific school activities unable to take place until further notice:

Term 4 restrictions will be updated later in the term.

- 1. Non-essential curriculum based excursions
- 2. Overnight camps #Payment details provided on page 3
- 3. Kindergarten Orientation on site
- 4. High School Transition on site
- 5. Whole school assemblies
- 6. Carnivals #Payment details provided on page 3
- 7. Band & Choir #Payment details provided on page 3





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- 8. Face-to-face whole staff professional learning (Inter-school and at external venues)
- 9. Large sporting, cultural or social functions
- 10. P&C will continue virtual meetings

#### **School Attendance and Health Information**

Students should be at school unless:

• they have a medical certificate which states that they are unable to return to school due to an ongoing medical condition and the expected timeframe

• they are currently unwell.

In accordance with advice from NSW Health, parents and carers are reminded **NOT** to send children to school if they are unwell, even if they have the mildest flu-like symptoms.

Schools will make arrangements for students who present as unwell or have flu like symptoms to be sent home.

NSW Health have requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics as soon as possible.

Students and staff with flu like symptoms will now need to provide a copy of a negative COVID-19 test result before being permitted to return to school. A screen shot of the text message showing the name, date and result is required by the school prior to your child returning.

Schools are not required to conduct widespread temperature screening or mandate the wearing of a mask.

All schools will be vigilant when implementing infection control, physical distancing and personal hygiene protocols to protect the health and safety of students and staff. Schools will promote the need to follow good hygiene practices such as:

- regularly washing hands
- avoiding sharing drinks or food
- coughing or sneezing into your elbow, or a tissue which should be discarded immediately
- filling water bottles from taps in classrooms rather than using the bubbler directly.





### Thank You

We thank you in advance for your support and cooperation assisting us in implementing these changes. They are in line with NSW Health advice and are designed specifically to keep our students, staff and community safe.

Further information for families is available at:

https://education.nsw.gov.au/covid-19/advice-for-families

Very warm thoughts and regards,

Jock Garven and the whole LCPS Staff

### Payment and refund details:

1. Cross Country Carnival Cancelled **Refunds** options

> Payments sent this week will be sent home with students. Payments made prior to Monday 17/8. Parents will receive refund option shortly.

2. **Athletics Carnival** Modified changes below

#### Kindergarten – Year 2

will travel to Laurieton Oval to have a Run-Around and Games morning leaving school at 8.50 and returning by 11.30am Sports clothes, joggers, hat and school bag with water and recess Sausage meal deal will be available at the oval before returning to school for those with orders (due back to school by Friday 21 Aug)

#### Year 3 – Year 6

will travel to Laurieton Oval to have their regular Thursday sport leaving school at 10.45 and returning by 1.45pm Sports clothes, joggers, hat and school bag - water and recess/lunch Sausage meal deal will be available at the oval before returning to school for those with orders (due back to school by Friday 21 Aug)

Band students Cancelled again Refunds will be provided for weeks 5-10

4. Stage 3 Camp **Diamond Head** 

3.

On Hold

Decision made when T4 restrictions are updated.



