

CONNECT



Lake Cathie
Public School

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WELCOME BACK

Welcome back to what is to be a fabulous Term 4. There is a lot planned for this term so please keep up with the newsletters and as always, feel free to contact the school and have a chat to your child's teacher if there are questions you have. We welcome Mrs Samantha Forster who will be completing her Internship with Mrs McCleary and 4/5/6M this term. We hope she enjoys the Spirit and enthusiasm of all of our students. At Lake Cathie Public School we are committed to the Department of Education's 'Great Teaching, Inspired Learning' reform, to support the quality teaching practise of our future teachers in NSW. Please make Mrs Forster feel welcome. We also welcome Abby and Ryan May, Declan Hall and Skie McDonald who are joining us at Lake Cathie Public School this term. They are already showing to be quality additions to our school.

OUTSTANDING ACCOUNTS FOR STUDENT FEES

We currently have a significant number of outstanding fees for this year for items including: School Fees, Voluntary Contributions (thanks to those families voluntarily supporting in this area), Book Packs, Band fees etc.

Our School budget is finalised at the end of November and a Financial Rollover takes place on the 1st December. Please check to see if you have overlooked any accounts from school to help us meet our financial targets for this financial year.

THE WESTPORT CLUB

We are very grateful to the Westport Club who have given our school \$10,000 to help build our library resources, plus \$1800 to cover Athletics subscriptions for our school as well as \$3200 towards resources for the performing arts programs. Susie Storm, President of our P&C and I attended a ceremony during the holiday break to receive this fantastic support through the Westport Club's Community Grants Program.

LAKE CATHIE SCHOOL FETE (2016) MEETING

Please come along next Tuesday night at 7pm in the Library to start the ideas and planning for our proposed 2016 LCPS Fete. Pauline Hearne, President of North Haven Public School P&C will be there to pass on many great details of how they run

DATES TO REMEMBER

Tuesday 13 October	P & C Fete meeting 7:00pm
Thursday 15 October	Play-in-a-day @ Glasshouse
Sunday 18 October	Ironman Triathlon
Tuesday 20 October	Kindergarten 2016 Orientation
Friday 30 October	Kindergarten 2016 Visit

KINDERGARTEN TRANSITION 2015

ORIENTATION DAY

9.00am - 11.15am
Tuesday 20 Oct *Parents are required to stay during this time for a Parent Information Session followed by morning tea.*

TRANSITION VISITS

9.00am - 11.15am
Friday 30 Oct
Friday 13 Nov
Friday 27 Nov
Friday 11 Dec *We encourage parents to "drop off" during these visits and pick up at the end to encourage independence.*

their Spring Fairs to greatly assist us in our preparations. This is another great example of how our local schools work together with Spirit.

CANTEEN COORDINATOR

Congratulations to Kylie Whiting who is now officially employed by our P&C to coordinate our Canteen. We certainly acknowledge her outstanding contribution, and that of her family, for the smooth, efficient and friendly manner in which she has run the canteen since part way through term 1.

COMMEMORATIVE TEA TOWELS

Mrs Haste and the P&C are running a great fundraising activity where our children and staff will create small portraits of themselves and they will be scanned and organised onto one Tea Towel. Notes came out last term and again this week. Please get behind this great initiative as it is a fantastic reminder of our first year as well as a super Christmas gift! Claire Briggs on our P&C will provide all of the technical computer support, and" Photoshopping" of the Principal's portrait, before it goes to print. Orders in by next Friday 16 October please. Orders can now be paid with EFTPOS along with cash or cheque paid payable to Lake Cathie Public School P & C.

KARATE ON MONDAY NIGHTS AT LCPS HALL

Next Monday there will be a free "Come and Try" Karate session for both children and adults. Please see information later in this newsletter.

PLAY - IN - A - DAY

Our students in 2/3J and 4/5/6M will perform at the Glasshouse next Thursday 15 October. They have been preparing for months and will perform to many other children from many of our local schools who have gone through the same process as our students. This is not open for parents, however we will have the performances, in their finished state, later this term at school for all of our parents, grandparents and friends. Congratulations to our students and of course Miss Jesser, Mrs Sewell and Mrs McCleary for their hard work and preparation.

SWIMMING SCHOOL

Usually students from Years 2 - 4 would participate in the Department of Education's supported School Swimming Program. We are offering School Swimming to all students from 2/3J and 4/5/6M as an additional opportunity to develop swimming skills and for the senior students, advanced technique and life-saving skills as well. It also helps us to fill a bus each day for two weeks to Port Macquarie pool. The cost of pool entry, swimming instructors and bus travel (\$70.00) is certainly worth what each child will get out of this opportunity. The subsidised cost to students for the 10 day program is \$50.00. Permission notes and medical forms will be sent home early next week.

SCHOOL CAMP

We are currently finalising all of the arrangements for our Y4/5/6 Camp to Diamond Head with Endless Summer Adventure Camps. This is a superb opportunity for our children, many of whom have recently moved into our pristine natural area, to take part in physical and environmental activities and have fun camping at the same time. There will be learn to surf activities, stand-up paddle boarding, kayaking, coastal survival, animal tracking, bush tucker, team building and lots of fun night time games. We are very happy if any parents wish to accompany us on this camp to join in the fun and also to help in the supervision of the many activities on offer. Please call the office or talk to Mrs McCleary or Mr Garven if you are interested. Details and medical forms will come out next week.

STUDENT BANKING

Just a reminder for students to bring in their banking on Fridays. Don't forget to make 25 deposits this year to be in the chance to win a trip to Disneyland. The following items are available for

redemption when you collect 10 tokens.



There is limited stock available of some of the 2014 reward items:

CANTEEN VOLUNTEERS

Kylie requires volunteers to assist in the canteen. Please ring the school if you are able to help out on either Thursdays or Fridays.

DANCE EISTEDDFOD

Congratulations to our marvellous dancers who put on such great performances at the Dance Eisteddfod late last term. Our Senior Dancers received a Highly Commended award with reference to the impressive choreography. Our Kinder/Year 1 dancers received a 4th place trophy and were significantly excited. Congratulations to both groups. A huge thanks to our teachers, Mrs Egan, Mrs Haste, Mrs McCleary and Mr Pringle for their dedication to the children at Lake Cathie Public School. Many thanks to all of the wonderful parents for their continued support of the programs their children are succeeding in at our school.



	Social Skills Program	
	Term 4	
Week 1	Using the right talking voice	
Week 2	Asking for help	



Canteen Menu

TERMS 1 & 4

OPEN: Thursday & Friday

Sandwiches

Available on white or wholemeal bread

Wraps add 60c to Sandwich Price

Devon Sandwich	\$2.00
Cheese Sandwich	\$2.00
Vegemite Sandwich	\$1.50
Salad Sandwich (Lettuce, tomato, grated carrot, cucumber)	\$3.50
Ham Sandwich	\$2.50
Ham & Cheese Sandwich	\$3.00
Ham, Cheese & Tomato Sandwich	\$3.50
Ham & Salad Sandwich	\$4.00
Chicken Sandwich	\$3.00
Chicken, Lettuce & Mayo Sandwich	\$3.50
Chicken & Salad Sandwich	\$4.50
Egg & Mayo Sandwich	\$2.50
Egg, Mayo & Lettuce	\$3.00

****Sandwiches can be toasted at no extra cost ****

Salad Tubs

Lettuce, tomato, carrot, cucumber, beetroot, cheese & egg

Small	\$3.00
Large	\$4.00

ADD:

Chicken, ham,	\$1.00
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Hot Foods

Chicken Nuggets	70c each or 6 for \$3.50
Chicken Wrap (lettuce & Mayo)	\$3.80
Chicken Burger (lettuce & Mayo)	\$3.80
Pie	\$2.50
Party Pie	80c
Homemade Sausage Roll	\$2.60
Homemade Party Sausage Roll	90c
Home Made Pizza – Ham & Pineapple	\$3.00
– Chicken	\$3.00
Noodle Cups (Chicken or Beef)	\$2.50
Potato Gems	30c each or 10 for \$2.50
Hash Browns (available at recess also)	\$1.00

Tomato sauce..... 20c

Snacks & Treats

Popcorn	50c
Home Baked treats – Muffins etc	\$1.00
Red Rock Honey & Soy Chips	\$1.00
Grain Waves – Sour Cream & Chives	\$1.00
Mam mee Noodles	50c
Home Made Jelly Cups	60c

Frozen Treats

Paddle Pops – Chocolate or Rainbow	\$1.50
Olaf Ice Cream	\$2.00
Lemonade Icy Pol	\$1.00
Queich Fruit Sticks	60c
Wobbli Jelly Sticks	20c

All ICE BLOCKS/JELLY CUPS & NOODLE CUPS ordered with lunch are given out when the LUNCH BAG IS RETURNED TO THE CANTEEN

Please write Clearly on lunch bag:

- CHILD'S NAME
- CLASS
- ORDER

If you require a lunch bag please add 20c to your childs order. Please place money in a sealed envelope

The School's newsletter will keep you informed when we are having our **SPECIALS / MEAL DEALS** throughout the term.


Trish's Family Day Care

My name is Trish Joyce. I am an Early Childhood Educator with over 3 years experience in a local Preschool and I am now registered with Hastings Family Day Care. I currently have vacancies for after school care Tuesday to Friday and day care Monday, Wednesday, Thursday and Friday for children over 2 years of age.

Are you looking for quality, safe, fun care for your child? I am operating between 8am and 6pm Monday to Friday and am registered to care for children aged 0 to 13 years of age. I also provide holiday care and after school care for your older children.

Call Trish on 0421 451 887 or Hastings Family Day Care on 6583 4660 for more information.



Lake Cathie Children's Cottage

88 Kenwood Dr, Lake Cathie
6586 3233

www.lakecathiechildrenscottage.com.au

* Long Day Care
* Before & After School Care * Vacation Care



FREE
come and try
Karate lesson
In Your Area

Opening Night
Monday 12 October 2015
Lake Cathie Public School
1240 Ocean Drive, Lake Cathie
Kids: 6.15pm
Teens & Adults 7.15pm
Female 3rd Dan Black Belt
Senior Teacher



National Karate Academies™
0437 523 913
www.nationalkarate.com.au



2016 Port Macquarie Basketball Representative Trials

The junior representative teams will be having their first try-outs in an open "Association Day" to be run by the PMBA Coaching team on Saturday 10th October at the Port Macquarie Indoor Stadium.

The Under 12s and Under 14s will be on court from 8.30am till 10.00am.

The trials will act as an expression of interest to assist PMBA in nominating teams for the Coast 2 Coast Seaside Tournament to be held on the 7th/8th November.

Keep an eye on this website, club emails and Facebook for opportunities for squad training with times & venues to be updated soon. Player selections for the Seaside Tournament will be determined at the open squad training sessions during October. A final selection trial for the 2016 junior representative teams to enter the Waratah Junior League will be held on Sunday 15th November.



Wauchope Royals Futsal Club kicks off in Wauchope.

Futsal is a 5-a-side indoor game based on Football (Soccer) and is played extensively around the world. Wauchope Royals Futsal Club aim to provide the best development training program that is modern, innovative and fun for all kids 6 to 12 years of age.

We would like to welcome anyone interested to come along and try out one of the World's fastest growing sports.

Training program days are:

- Thursdays from 4:15pm-5:30pm for 9-12 year olds
- Fridays from 4:15pm-5:30pm for 6-8 year olds.

Both sessions are held at Wauchope High School. Registration forms will be available at all sessions and you are welcome to try a session before you commit.

Sign up to our website today and check out all the information, program details and dates as well as all the news from our club at:

<https://wauchoperoyals.teamapp.com> or email: wauchoperoyals@outlook.com

Laurieton Swimming Club



Come along to Laurieton pool 6-8pm on **Monday 12th of October** for the **Swim Club rego and fun night**. Find out about the club, have a go on the aqua scramble and enjoy the **free BBQ!**

Swim club runs Monday nights from 6pm to 8pm at Laurieton Swimming Pool, all ages are welcome. Cost – \$69 per swimmer for 1 season. \$21 for non-swimmers with each family needing at least one parent/carer to be registered.

On club nights from 19th October you have the choice of swimming as many or as little of the four strokes on the night and there is always a BBQ. Distances start at 17m (half of Laurieton pool) and then progress to longer distances (33m, 66m and 100m) with better times.

Being a swim club member also provides an opportunity to swim at carnivals held around the mid-north coast. These carnivals are really good fun and great practice for school carnivals whilst also providing an opportunity to progress to regional and state championships for any of the keen swimmers.

Contact Details:

Ann Pilkie (secretary) ph: 65848246

Club Email: laurietonswimmingclub@gmail.com

New Aussie Hoops program for Term 4



Yrs 1-2 & 3-6

At PMBA, the program will be delivered in each school term on Tuesday afternoons from 3.45pm-4.30pm at the Port Macquarie Indoor Stadium on Hibbard Drive. Each term's program will span 8 weeks with the first program commencing on 13th October in Term 4. Nationally accredited coaches will deliver the program with the assistance of our experienced junior representative players. For a comprehensive overview of the new Aussie Hoops program, including fees and registration information visit the new Aussie Hoops website at www.aussiehoops.com.au.

2015 Tea Towel Fundraiser



Dear Parents/Carers,

As part of our fundraising efforts for next term, the P & C is running a school Tea Towel project.

The unique tea towel design will be made up of individual portraits created by all our children and staff. The children's pictures and names will be arranged together as a commemorative design for the whole group, and then screen-printed onto a high quality white tea towel (50x70cm).

We chose tea towels because the project involves all the children, provides a wonderful keepsake and makes a meaningful gift for parents, relatives and special friends. The tea towels look amazing, are easy to post and make a fabulous reminder of your child's first year at Lake Cathie Public School.

Each tea towel is \$12 and they can be ordered by completing the following order form and returning it with the correct money or cheque.

All orders and payments are due by Friday 16th October 2015

Think about Christmas presents for family members or a keepsake for our first successful year here at Lake Cathie.

Any questions please contact Mrs Katy Haste. A sample is on display in the office window.

TEA TOWEL ORDER FORM

Student Name: _____ Class: _____

Contact Name and Phone Number: _____

Number of Tea Towels Ordered: *Please indicate below*

1	\$12	2	\$24	3	\$36	4	\$48	5	\$60	more	\$
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Please include payment with your order.

Card number _____

Cash or cheque accepted EFTPOS now available

Expiry _____ CVV _____

Cheque made out to "Lake Cathie Public School P & C"

Total enclosed: \$ _____