

CONNECT



Lake Cathie
Public School

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Lake Cathie Public School

invites you to our

Christmas Concert

to be held on

Tuesday 5 December

6.00 - 7.30pm

Performances from all classes

BBQ available



Lake Cathie
Carols by the Lake
Saturday 9 December

DATES TO REMEMBER

Tues 14 - Fri 17 November	Canberra Camp
Sunday 19 November	Carwash Fundraiser
Tuesday 21 November	Band Information Session
Thursday 23 November	Formal Assembly 1W
Friday 24 November	Kinder 2018 Drop in Day
Friday 1 December	Year 6 Fundraising Day
Tuesday 5 December	High School Orientation Day
	LCPS Christmas Concert
Thursday 7 December	Presentation Day
Friday 8 December	Student Reports home
Monday 11 December	Year 6 Farewell Dinner
Wednesday 13 December	Reward Day
Friday 15 December	K-2 Water Fun Day
	3-6 Pool Day
	Last day for students

STUDENTS RETURN TO SCHOOL TUESDAY 30 JANUARY

DUE THIS TERM

Kinder Excursion note and payment

Outstanding School Fees

Outstanding Band Fees Term 3

Band Fees Term 4

Final payments for Canberra Camp

Lost Book Fee

Payments can be made by cash, cheque, EFTPOS
and POP (Parent Online Payment on the School
Website.)

FIRST LEGO LEAGUE ROBOTICS REGIONAL TOURNAMENT

Absolutely Marvellous! Congratulations to Mrs McCleary, our wonderful volunteer students and our "Canteen Crew" for coming together in true Lake Cathie Public School style to pull off a great day for all the visiting robotics teams from all over our region.

GRANDPARENTS AND GREAT GRANDPARENTS DAY

Another great day with our kids absolutely proud as punch to perform for their grandparents as well as sharing their classrooms. Lots of wonderful memories for all of our visitors. Many thanks to Kylie Whiting and the Canteen Crew once again for a beautiful morning tea. Staff organisation and enthusiasm was certainly on show and congratulations to Mrs Bishop for her leadership of this fine event.

CANBERRA TRIP

Good luck to the students and staff heading off to Canberra next week. Mrs McCleary, Mrs Cowan, Mrs Sewell and I will accompany our senior students on this worthwhile adventure. Photos in our next newsletter!

UNIFORMS AND BEHAVIOUR

A reminder for students to be in full school uniform each and every day as well as demonstrating acceptable behaviour throughout the year, right through to the last day. We have Rewards Day and End of Year Fun Days planned and aim to have all students attending this term.

REMEMBRANCE DAY SERVICE

Congratulations to our student leadership team for their sensitive direction of our service yesterday. A special congratulations to our student buglers (trumpeters), Mikayla, Jared and Robbie for their rendition of the Last Post and Reveille. We are so very proud of them as this was their first service as buglers.



STUDENT LEADERSHIP TEAM

Notes went out yesterday with information for Year 5 students wishing to be considered for nomination in the Student Leadership Team elections later this term.

HOME READERS

Please check at home for any Home Readers you may have. We will soon be undertaking a major stocktake of these books. Each book is at least \$10.00 and we want to maintain the number and quality of home readers for many years to come. Start sending them back into school please. We will advertise a final date for return in the next newsletter.

BAND 2018

We would like all existing band members to continue with our band and form next year's Senior Band, embarking on new music and greater numbers of performances during the year. Band Camp this year was fabulous and our LCPS students who went really progressed in their playing significantly.

We will send home Expressions of Interest for our Junior Band for 2018. This would be students starting next year for their first year in band. This is a very exciting time for our young budding musicians. An information Night is being hosted on Tuesday 21 November, In the Library at 5.00pm, for those current Year 2 and Year 3 students and their parents, wishing to be in our band program in 2018. If your child misses getting a note, they are available at the office.

SCHOOL SWIMMING SCHEME

Thanks again to our P&C for their annual contribution to subsidise students attending the swimming scheme. The kids, although a little cold on a few occasions, are loving the lessons.

WORLD TEACHERS DAY AWARDS

Congratulations to two of our teachers, Katy Haste and Annette Bailey, who have been recognised for their valuable skills, professionalism and leadership at the recent World Teachers Day Awards. We are so blessed to have so many fine teachers delivering quality lessons for our children at our great school. Well done Katy and Annette.





How fabulous was it to see the Regional Robotics Tournament held here at our school. The organisation of the event was a real team effort.

I would first like to mention the efforts and outstanding skills of our school team, the Lakeneers. Tobias Lee, Isabelle Leiper, Vincent Miller, Mackenzie Edmonds, Lachlan Ulph, Kiera Hetherington and Zoe Bulmer who worked tirelessly to complete the required tasks, even attending school on a Saturday, showing real SPIRIT and commitment.

Secondly the staff of Lake Cathie Public School all pitching in and being flexible with changes on the day. Special thanks to Mr Hutchinson, Mr Pringle, Mr Wilson, Mrs Cassidy and the helpful office administration staff.

Next our community of parents and friends who helped build lego, set up, worked in the canteen and packed up. We couldn't have held a successful tournament without you. Thank you to the volunteer judges for providing your time and expertise. A special thanks to Kylie Whiting. I think you are amazing.

Last, but certainly not least, the students of 5/6M who worked collaboratively and were fine ambassadors for our school on the day. Congratulations everyone!

Hayley McCleary

Event Organiser

ROBOTICS **TOURNAMENT**



Bus Pass Applications

Applications for 2018 School Student Transport Scheme (SSTS) travel entitlements are now open.

Application needs to be made before 31 December 2017.

Please note: Students who are changing grade band and are remaining at the same school do not need to reapply (the system now automatically validates a student's on-going eligibility if at the same school and going from infants to primary or primary to secondary). Where a student meets the new eligibility the system will automatically update their entitlement and card.

<https://apps.transport.nsw.gov.au/ssts/applyNow>

PRE ORDERED UNIFORMS FOR CHILDREN STARTING KINDERGARTEN IN 2018 ARE NOW AVAILABLE FOR COLLECTION AND PAYMENT AT THE SCHOOL OFFICE.

CANTEEN ROSTER

Friday November	10	9-2pm	HELP REQUIRED
Friday November	10	10-2pm	Dee Crisp
Wednesday November	15	10-11.30am	Hayley Murphy
Thursday November	16	10-2pm	HELP REQUIRED
Friday November	17	9-2pm	HELP REQUIRED
Friday November	17	10-2pm	HELP REQUIRED



Thank you to all the wonderful grandparents who took time out of their very busy schedules to join us for a special Grandparents Day Assembly which was followed by morning tea.

The K-2 children really enjoyed entertaining you on stage and back in their classrooms. It was a sensational turnout and a true reflection of the love and support we know our grandparents always provide.

Thank you grandparents for all that you do to help our children to be the very best they can be.

Robyn Bishop
Assistant Principal



LAKE CATHIE PUBLIC SCHOOL CLASS PLANNING FOR 2018

If you know your child will not be returning to Lake Cathie Public School in 2018 (excluding Year 6) could you please indicate below and return to the school office.

Student name: _____

Class: _____

Student name: _____

Class: _____

Student name: _____

Class: _____



Assembly Awards



Term 4 Week 3 FORMAL ASSEMBLY

	1P	1W	2B	2J	3/4B	4/5C	5/6M	KE	KG	KH
MERIT	Ethan Bouldin	Lily Worthing	DJ McCabe	Hayley Austin	Reid Edmonds	Savanna Reynolds	Sonny Crisp	Willow Anderson	Hunter Ellul	Grace Broderick
	Sophie Wheatley	Eva Butler	Ayla Cross	Adam Hines	Jasper Hall	Declan Hall	Chelsy Hainsworth	Indi Garvey	Chelsea Hodges	Angus Castle
	Jude Stricker	Maydee Anderson	Corbin Robinson	Lexi Puttick	Laci Garvey	Shayleigh Evans	Molly Cicak	Tahney Cross	Mason Mudford	Stephanie Gould
	Brooklyn Northcott	Max Jordan		Max Fellowes	Sophie Barton	Archie Hill	Quinn Carmichael	Marci Peterson	Kadence A'Beckett	Madison Whiting
SPIRIT			Millie Bulmer					Xavier Robinson		



Term 4 Week 5 FORMAL ASSEMBLY

	1P	1W	2B	2J	3/4B	4/5C	5/6M	KE	KG	KH
MERIT	Jorjah Warwick	Cooper Boese	Annabelle Broderick	Nate Stricker	Isla Gordon	Noah Cooke	Jesse Riley-Stewart	Bronte Cross	Tiarna Scarff	Levi Fitzsimmons
	Ciana Jones	Dakotah Coleman	Juliet Bone	Summer Gemmell (Lingard)	Sarah Fiorenza	Jack Gould	Robert Fiorenza	Flynn Briscoe	Lelani Dietrich	Jarred Tumes
	Harley Holden	Lily Havron	Charli Miller	Charli Collins	Kirra Harris	Jared Hosemans	Cora Puttick	Jules Bowen	Deklyn Latham	Elise Grein
	Blake Higgins	Jessi Dixon		Caillen Cameron	Jye Cochrane-Hartas	Lily Butterfield	Lachlan Ulph	Charlotte Hill	Mila Rae	Charlotte Drury
SPIRIT							Skie McDonald		Breanna Butt	



Year 6 FUNdraiser

Lake Cathie Public School Fun Fair FRIDAY 1 DECEMBER

Years 5 and 6 are providing some fun activities to raise money for Year 6 to buy a parting gift for the school.

There will be a variety of activities

Face Painting	=	3 tokens
Sponge Throw	=	2 tokens
Football Target	=	1 token
Wheel of Fortune	=	2 tokens
Soccer Shootout	=	1 token
Golf Putt	=	1 token
Colour Hair Spray	=	3 tokens
Ice Cream	=	2 tokens



Money can be sent in to buy tokens prior to Friday 1 December. Just place money in an envelope with child's name and class on it.

\$1.00 will get 10 tokens but you can buy as many as you like. Years 5 and 6 can also buy tokens to spend at various stalls.

Thank you

Year 6 Fundraisers

Mrs McCleary



Impetigo fact sheet

Control guidelines

Impetigo is a highly contagious bacterial infection of the skin. Good hygiene helps prevent spread of infection. If antibiotics are given it is important to finish the whole course to make sure the impetigo will not recur.

What is impetigo?

Impetigo is a bacterial skin infection caused by Streptococcus and Staphylococcus bacteria. It is commonly known as 'school sores' because a majority of cases are in school-aged children. However, it can also affect infants, adults and adolescents.

What does it look like?

Impetigo occurs in two forms, blistering and crusted. In blistering impetigo the blisters arise on previously normal skin, and rapidly grow in size and number. The blisters quickly burst and leave slightly moist or glazed areas with a brown crust at the edge. The spots expand even after they break open and can be many centimetres wide. They sometimes clear in the centre to produce ring shaped patterns. They are not usually painful, but can be itchy.

Crusted impetigo has a thick soft yellow crust. Beneath this crust is a moist red area. Crusted impetigo spots grow slowly and are always smaller than the fully developed spots of blistering impetigo. They are not usually painful, but can be itchy.

How is it treated?

Depending on how bad the infection is, your doctor may recommend the use of an antibiotic ointment or oral antibiotics in severe cases. Antibiotic ointment should be continued until the sores have completely healed. If oral antibiotics are given it is important to finish the whole course of treatment (usually 5 days) and not stop when the impetigo starts to clear.

Sores should be cleaned every 8 – 12 hours, dried thoroughly and covered with a waterproof dressing. Bathing the blisters with salty water will help to dry them out (use saline solution or dissolve about half a teaspoon of salt in a cup of water).

How is it spread?

Impetigo is very easy to catch from other people. Impetigo is usually spread through direct contact with other infected people.

How can you avoid spreading the infection?

While you have the infection:

Sores should be kept clean and covered with a waterproof dressing to prevent them being touched or scratched.

Children with impetigo should be kept home from school or other group settings if their wounds cannot be kept covered until 24 hours after antibiotic treatment has been started, or until the blisters have dried out if antibiotics are not used.

To prevent impetigo children should be taught:

To wash their hands often with soap. Resources on handwashing can be found in the 5th Edition of Staying Healthy: Preventing infectious diseases in early childhood education and care services.

Not to scratch scabs or pick their nose.

In addition to general hygiene measures, specific measures to prevent spread in schools and childcare include:

Teachers, children and families should understand the importance of hand washing, covering sores and staying home if sick

Impetigo is dangerous for babies

It is important for people with impetigo to keep away from newborns and young babies. Newborn babies are particularly susceptible to impetigo because their immune systems are not fully developed.

For further information please call your local Public Health Unit on 1300 066 055

LAKE CATHIE PUBLIC SCHOOL



NAME: _____
ADDRESS: _____
PHONE: _____

TICKET PRICE \$10 EACH

Win A FAMILY HOLIDAY
TURTLE BEACH RESORT VOUCHER
WOOLWORTHS CARD PETROL VOUCHER
WOOLWORTHS GROCERY VOUCHER

P&C RAFFLE

SCHOOL FUNDRAISER

IdleWilde

Open Range Farm Eggs



IdleWilde is a family owned and run 100 acre farm on the Bulga Plateau.

As a school fundraiser they are offering a dozen Free Range eggs for \$6.00, with \$1.00 from every dozen sold donated back to the school.

(Cash only)

Collect your eggs from the office each week and support this family business as well as our great school.



The simplest way

...to ensure you use sunscreen correctly.

Regular use of sunscreen has been shown to reduce the incidence of melanoma and squamous cell carcinoma, both in the short and long term.

What does sunscreen do?

Sunscreen protects against the damaging effects of the sun by reducing or filtering the amount of ultraviolet (UV) rays that reach the skin.

What is the most effective way to use sunscreen?

- Use at least **SPF 30+ broad spectrum water-resistant** sunscreen.
- **Patch test** sunscreen on a small area of skin – especially if you have not used the product before.
- **Apply and re-apply.** Apply sunscreen 20 minutes before going outside and re-apply every two hours.
- **Apply generously.** Dosage will vary depending on the size of the child. However on an average size child, it is recommended to apply ½ a teaspoon of sunscreen to each arm, leg, front of body, back of the body and the face (including ears and neck).
- **Remember** sunscreen filters out most but not all UV radiation. Use sunscreen in combination with other sun protection methods, including broad brimmed, bucket or legionnaire style hats, sun safe clothing and staying in the shade. Sunglasses are recommended to protect children's eyes.



For more information on sunscreen visit: <https://www.cancercouncil.com.au/cancer-prevention/sun-protection/>

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au



Gingerbread House

Workshops

Saturday 18 November

2-5pm



Anglican Church

2 Mission Tce, Lakewood

Kits \$35 - includes lolly bag and refreshments.

Guest speaker.

Maximum 3 people per kit.

Tickets essential and available from church office, 6559 5036. BOOK NOW. DON'T MISS OUT!

Helping Your Child to Read

Making the connection between sounds and letters

Many of the activities outlined in the Early Reading Experiences section can be slightly changed to suit older children.

Rhymes

You can reinforce your older child's knowledge of the sounds in words by helping them to make up rhymes and songs. Base them on their interests, their favourite television character, game, sport or pet or start a 'rhyme rap' with words and phrases like 'see ya later/alligator', 'unreal/banana peel', 'in a while/crocodile', 'ah oh/spaghetti-oh', 'all right/vegemite', or 'far out/brussel sprout'. Rap music is based on reciting rhyming words in a musical style and is a great way for older children to enjoy learning about sounds.

You can use rhymes every day by asking your child to find a rhyme for hat (mat), chair (hair) or other common objects.

Problem words

Listen to your child read every day, ideally for 15 to 20 minutes. When they encounter a problem word, prompt them to work it out by using any or all of the following techniques. Ask them to:

- sound it out
- identify the first sound
- identify any of the sounds
- find any little words inside the big one
- read on to the end of the sentence and think what word would make sense
- check for clues in the pictures
- find a word that looks like it
- change some of the letters to make a word they know
- re-read the sentence
- think again about what word would make sense. Try the word in the sentence. Re-read the sentence.

Online games

There are many online games that are designed to help your child build reading skills, such as those found at www.starfall.com or www.kaboose.com.



Online games and stories can help your child to build their reading skills.

Silent guided reading

For this technique you and your child need a copy of the same piece of text – this could be a book or an article. You and your child agree to read to a certain point: to the end of a sentence, two sentences, a paragraph or a page. Once you have both read silently to that point you discuss what you have read. Ask your child to identify words that they found difficult. You might write these words with their meaning and hints for pronunciation in a special book. Talk about the meaning of words, how you worked out what different words meant and what the main idea was in what you read.

Building your child's vocabulary

Reading to your child at a level higher than they can read helps build their vocabulary and confidence with books.

Reading together

Read a book that interests your child. Stop and talk about a few of the words and phrases used. Ask your child comprehension questions about what you have read, such as: 'What was the best part?', 'How do you think the characters will manage this crisis?', 'What do you think will happen next?'. Make the questions enjoyable and part of a conversation rather than a test.

Flash cards

If your child is interested, you can make flash cards. Your child's teacher can help you identify some high-frequency words that would be useful for your child in their reading development. Use lots of positive reinforcement each time they get a new word correct.

Flash cards help children to memorise words.



Pause, prompt and praise

Listen to your child read and when they get to a word they do not understand or use wrongly, help them learn some self-help strategies.

- Pause – to give your child a chance to think and solve the problem themselves.
- Prompt – with clues about meaning or pronunciation, depending on what is needed. If your child doesn't respond to the clues, prompt by asking them to read on to the end of the sentence and then go back to the word or go back to the beginning. If the word is not correct after two prompts say, 'The word is ...'.
- Praise – when your child reads a sentence correctly, when your child self-corrects, when your child gets a word correct after prompting, when your child has a good try at self-correction, when your child has a good try after a prompt.

Building your child's fluency

To improve your child's reading fluency, read to your child as they follow the words. You can run your finger underneath the words so that your child gains understanding of how fluent reading occurs. Children also need a good bank of sight words that occur regularly in reading.

The 'whole word, whole sentence' approach

The *whole word, whole sentence* approach to developing fluency is a technique that parents can use at home with their child.

To use this method, sit next to your child and tell them you are going to read out loud together. Share a copy of a book that is not too difficult for your child to read. You can use a fiction or non-fiction book.



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LONG DAY CARE 0-6YRS
 ENROL NOW 2018
 CALL OR VISIT TODAY
 BEFORE & AFTER SCHOOL CARE 4-12YRS

Trish's Family Day Care

Are you looking for a safe, fun, caring learning environment for your child? I have over 5 years experience as an Early Childhood Educator and I have my own children aged 11 and 15. I am registered with Hastings Family Day Care and I currently have vacancies for children 0 - 5 years of age between 7:30 am and 5:30 pm Monday, Tuesday, Thursday and Friday. Call me Trish Joyce on mobile 0421 451 887 or Hastings Family Day Care on 6583 4660 for more information.



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 & Taxation Services



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- Gold card holders & under 21's \$70
- Mobile accounting service for rentals, personal returns, small business

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WWW.CATHIETAX.COM

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 at
Lake Cathie BOWLING CLUB



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All Ages Welcome
FREE BBQ Lunch

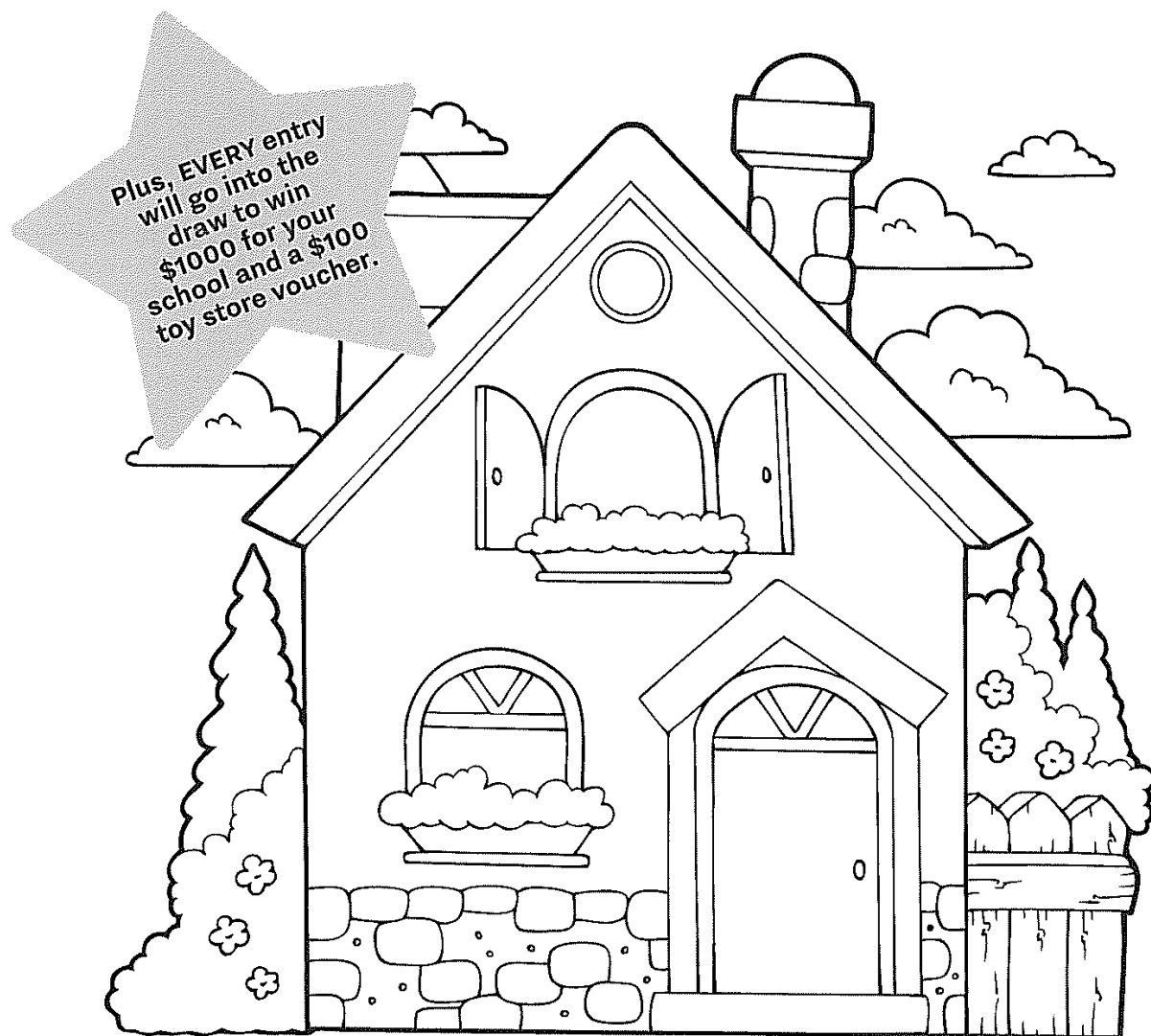
Sunday 3rd December
REGISTER 10am Start 10.30am - 12.30pm
PHONE 0421 551 181 or 6584 8434
www.lakecathiebowlingclub.com.au

Find us on Facebook

Contact Kathryn on 6584 8060 to place your advertisement in the School Newsletter

Aussie Term 4 Colouring Competition.

The most creative entry will win a \$100 gift voucher!



Child's name: _____ Age: _____

Parent/guardian name: _____

Email: _____

Phone: _____

School: _____

Parent/guardian signature: _____

Return completed entry in person by 20/11/17 to:

Aussie Port Macquarie
5/111 William Street
Port Macquarie NSW 2444
Ph 6584 5500



Open to Australian Residents 4-7yrs old (Group 1) & 8-12yrs old (Group 2). Colour-In Comp: Only conducted by select Aussie stores/brokers. Starts 09/10/17 at 9am AEDT (excluding SA, where start date is 16/10/17). Ends: 5pm AEDT 20/11/17. For each store/broker comp - 1 prize awarded per entrant Group. Prize \$100 gift card/voucher. Best Coloured-In Sheet from each Group, as judged by Aussie rep will win a prize. Max 1 entry per child. T&Cs apply, the entrant may request full T&Cs from Aussie Broker/store who provided them the Colour-In Sheet. The Promoter is a credit representative of AHL Investments Pty Ltd "Aussie" (ABN 27 105 265 861). \$1k draw + Toy Store Voucher Comp: Those who enter Colour-In Comp automatically entered into draw. Starts 9/10/17 at 9am AEDT (excluding SA, where start date is 16/10/17). Ends: 5pm AEDT 20/11/17. Max 1 entry/child. 1 draw per State Group: (1) NSW/ACT; (2) VIC/TAS; (3) QLD/NT; (4) WA; (5) SA. Draws at L2/35 Little Bourke St, Melbourne VIC 3000 at 12pm AEDT on 1/12/17. Draw winners published at www.aussie.com.au/promotions by 15/12/17. 1 winner per State Group draw. Draw winner will receive \$100 Toy store gift voucher plus the winning child's school (specified on entry) will receive AUD\$1,000. Promoter: AHL Investments Pty Ltd ABN 27 105 265 861, L28, Grosvenor Place, 225 George St, Sydney, NSW 2000. Aussie is a trade mark of AHL Investments Pty Ltd. Aussie is a subsidiary of the Commonwealth Bank of Australia ABN 48 123 123 124 © 2017 AHL Investments Pty Ltd ABN 27 105 265 861 Australian Credit Licence 246786. T&Cs apply, see www.aussie.com.au/promotions. SA Permit No. T17/1781 and NSW Permit No. LTPS/17/17941.