## CONNECT

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E lakecathie-p.school@det.nsw.edu.au

W lakecathie-p.schools.nsw.edu.au



## **DATES TO REMEMBER**

Tuesday 6 November

Student Banking

**Thursday 8 November** 

Kindergarten Drop in 9.00 - 10.00am

Monday 12 - Friday 23 November

**School Swimming Scheme** 

Tuesday 13 November

Student Banking

Thursday 15 November

Formal Assembly KE

Monday 19 - Wednesday 21 November

Stage 2 Camp

Monday 19 - Friday 23 November

Kindergarten 2019 Principal Interviews

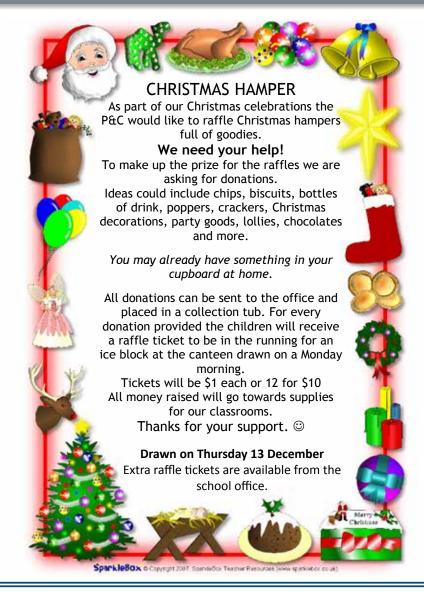
Tuesday 20 November

Student Banking

Thursday 22 November

Kindergarten Drop in 9.00 - 10.00am





Uniform shop is open on Tuesday 8:30-9:15 am & Thursday 2:30-3:00pm

Canteen is open on Monday, Thursday & Friday

Student Banking is on Tuesday



### EXTERNAL VALIDATION — A TIME TO REFLECT AND CELEBRATE

As part of our ongoing school planning, self-assessment and reporting cycle Lake Cathie Public School was selected in 2018 to undertake an external validation. This involved the school reflecting on the impact of the school plan, making decisions for the future and assessing against the School Excellence Framework (a document is used by all NSW public schools to support continuous improvement).

Over the past couple of months, all staff have collaborated to gather evidence that supports the great work being done across the school. The executive team has since collated and analysed the evidence to create a substantial submission to the panel that will visit our school next Tuesday 6th November 2018. Nine different evidence sets have been developed covering projects and aspects of our school that make us unique. These include: quality professional learning, wellbeing and welfare, extracurricular, community connections, future-focused learning, curriculum, transitions, aboriginal education and leadership/ systems/processes. The panel will visit for 2 hours and discuss the submission with the executive team. They will also visit a few classrooms and view a dance group.

This process has been valuable in identifying areas of strength and future directions. On Tuesday 30 October, Mrs Bailey, Mrs Haleblian and Mrs Haste presented an overview of the external validation submission to the P&C. In terms of planning for the future of the school, this reflection process has identified the following areas relating to connecting with the community:

- An increase in the ability of students to articulate their learning, especially with new future–focussed learning spaces and a further development of growth mindset;
- Measuring the impact of continuous improvement and be responsive to growing needs and feedback;
- Obtain regular feedback from the community about school performance and the success of improvement measures undertaken within the context of the school plan's strategic directions.

## HEALTHY HAROLD POPS INTO LAKE CATHIE PUBLIC SCHOOL

Last Monday 22 October 2018, 7 students from 2/3H participated in a media launch event for the new pop-up classrooms for Life Education. The new classroom provides a flexible learning environment and enables Life Education to reach out to more schools across NSW. The event was shown in local newspapers and was a feature on Prime 7 news. Students really enjoyed seeing Harold pop into the playground for a quick 'hello'. The Life Education van will be back in 2019 to provide their regular health and wellbeing programs to all students.



## WORLD TEACHER'S DAY - CONGRATULATIONS MRS AINSWORTH!

Friday 26 October 2018 was World Teacher's Day. Each year the Department of Education celebrates the day with different events across the country. Teachers across the mid-North Coast were honoured at a special event held at Little Fish Café. Bernadette Ainsworth, our fabulous Teacher-Librarian, was acknowledged with an award for her commitment and dedication to public education. Congratulations Mrs Ainsworth!



### YEAR 3 AND 4 - PREPARING FOR CAMP

In a few weeks students in Year 3 and 4 will be heading off to The Great Aussie Bush Camp at Tea Gardens. A final note with information for parents/carers to complete as well as a list of equipment to bring has been sent home this week.

### **PARENT & TEACHER INTERVIEWS**

Over the past 3 weeks parents and teachers have met to discuss student progress and achievement throughout 2018. It is at these meetings that we are able to forge strong connections between the school and home environment, supporting our students to become the best that they can be. Leading up to interviews, teachers spend time analysing student work samples and assessment data in order to share accurate details of learning, as well as social and emotional wellbeing, with parents and carers. Going to an interview with your child's teacher shows your child that you are interested in their learning and their life at school. It is also an opportunity for you to share information about your child. Thank you to all parents, carers, teachers and students for connecting with each other through this process.

### **SEMESTER 2 REPORTS**

All teachers are currently preparing Semester 2 reports which will come home with students on Thursday 13 December 2018. School reports are a snapshot in time of students' learning. An A-E scale is used to report student academic achievement against the outcomes for their stage of learning: Kindergarten – Early Stage 1, Year 1 and 2 – Stage 1, Year 3 and 4 – Stage 2 and Year 5 and 6 – Stage 3. Teachers spend a considerable amount of time in the weeks leading up to reports assessing student work and demonstrated skills against the syllabus for their stage of learning. A process of editing and proofreading ensures that parents and carers receive the most accurate image of their child's learning as possible.

## The A-E Scale Explained

The Common Grade Scale describes performance at each of five grade levels.

- A The student has an extensive knowledge and understanding of the content and can readily apply this knowledge. In addition, the student has achieved a very high level of competence in the processes and skills and can apply these skills to new situations.
- B The student has a thorough knowledge and understanding of the content and a high level of competence in the processes and skills. In addition, the student is able to apply this knowledge and these skills to most situations.
- C The student has a sound knowledge and understanding of the main areas of content and has achieved an adequate level of

competence in the processes and skills.

D The student has a basic knowledge and understanding of the content and has achieved a limited level of competence in the processes and skills.

E The student has an elementary knowledge and understanding in few areas of the content and has achieved very limited competence in some of the processes and skills.

#### HALLOWEEN DISCO K-2

On Thursday night (31 November) the children in Kindergarten to Year 2 were invited to the Halloween disco in the school hall from 4:30-6pm.

Woolworths provided support to the disco offering to provide a packet of chips and a popper for all the children as well as an amazing table of fresh fruit.



Thank you Woolworths at Lake Cathie for supporting our school.

A total of \$461.00 was raised from this fun event and the money will go towards school resources for 2019.

Thank you to the fantastic P&C volunteers for assisting with the decorations, money collection, fruit and food serving and selling glow sticks.

Thank you to the staff that stayed back after hours to provide supervision, organise the games and dance the night away.

Thank you to our three girls that were the fabulous DJ's in the sound room. You were fabulous!



### HASTINGS SECONDARY COLLEGE SCHOLARSHIPS FOR YEAR 7

Hastings Secondary College are now accepting applications for our Year 7 scholarship program and we'd encourage you to apply!

Four (4) scholarships at each campus are available to incoming 2019 Year 7 students for excellence in Academic, Sporting, Cultural or Community Involvement.

Closing: 3pm Monday 19 November 2019

Apply by following the link.

http://www.hastingssecondarycollege.schools.nsw.edu.au/news-and-events/2019-year-7-scholarships

### KINDERGARTEN ORIENTATION - A SMOOTH TRANSITION TO 'BIG SCHOOL'

Last week our 2019 Kindergarten students and families spent an exciting morning at Lake Cathie Public School as part of the school's transition to school program. Parents and carers were engaged in an information session and showcase of excellence where they heard about literacy and numeracy learning in the early years. A fashion parade and entertainment led by our current Kindergarten students was enjoyed by all. In the classrooms, the 2019 students enjoyed a morning of rotational activities that provided a 'taste' of what school will be like. Over next few weeks there will be some 'drop in' sessions for 2019 students to continue to learn about their new school. Thank you to the Kindergarten teachers, Mrs Bailey and Mr Garven for leading this event and welcome to our new families and students!



## **ICAS MATHS**

Some of our students have participated in the ICAS competitions run by University of New South Wales. The competitions, run in over 20 countries, are an independent, skills-based assessment program, which recognises and rewards student achievement. Congratulations to the following students on their awards in the Mathematics Competition.

Ben Spencer and Tyler Little received Distinctions, which places them in the top 11% of students who participated – Wonderful effort!

Credit - Josiah Maxwell

Merit – Brianna Hosemans, Brooke Instrell and Sam Pagotto

Participation - Kiera Hetherington, Sean Robinson, Eliana Pagotto, Jayden Hulm, Korbin Giles, Lexi Drury, and Lekeisha Sargent



Garden gurus Noah and Denver with the results of their work in the garden plot.



## PORT MACQUARIE HASTINGS ROTARY SPORTS AWARDS

I had the pleasure of attending the Port Macquarie Hastings Rotary Sports Awards. Kiera Hetherington and Locke Williamson were nominated in the Primary Sportperson of the Year category and Zoe Bulmer was nominated in the team category for her weekend soccer team.

Congratulations Kiera, Zoe and Locke, what a wonderful achievement.

Hayley McCleary





## LAPTOP BAGS FOR SALE \$10.00 EACH

Brand new laptop bags for sale



11.6" size hard style case



standard size laptop bag with shoulder strap

Limited numbers available.

Available to purchase from the school office.

## CANTEEN news

ake Cothie



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au/lakecathieps

### MEAL DEAL MONDAY

We are offering a Monday only Meal Deal - available to purchase online at

http://www.myschoolconnect.com.au or orders can be sent in on a brown paper bag.



**Meal Deal** - Beef Ravioli in a tomato based sauce including a popper - apple, orange or apple & blackcurrant - \$6.00

To join the Canteen Facebook page search for LCPS Canteen and click on Join.



CANTEEN ROSTER					
Friday 2 November	9-2pm	Lisa Ellis			
	10-2pm	Nicole Pelham			
Monday 5 November	10-2pm	HELP REQUIRED			
Wednesday 7 November	10-11.30am	Nicole Pelham			
Thursday 8 November	10-2pm	Erin Mudford			
Friday 9 November	9-2pm	HELP REQUIRED			
	10-2pm	Kate Pagotto			
Monday 12 November	10-2pm	Pepa Evans			
Wednesday 14 November	10-11.30am	Catherine Connors			
Thursday 15 November	10-2pm	HELP REQUIRED			
Friday 16 November	9-2pm	HELP REQUIRED			
	10-2pm	Kaye Pagotto			



Insulated Lunch Bags available from the Canteen \$10.00 each (cash only)





## **Bus Pass Applications**

School student applications for 2019 open from Monday, 15 October 2018.

Students progressing to year 3 and year 7 do not need to re-apply if they:

- · are continuing at the same school
- are residing at the same address
- $\cdot$  have not been sent an expiry notification from Transport for NSW.

Where a student meets the new distance eligibility, the system will automatically update their entitlement. If they do not meet the new eligibility, they will receive an expiry notification.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

If students need to update their information or re-apply, they should go online to

https://apps.transport.nsw.gov.au/ssts/updateDetails

Applications need to be submitted before 31 December 2018 to ensure student entitlements are updated and their current entitlement/card is not cancelled. If their application is submitted after 31 December 2018, the system will automatically cancel a card and a new one will need to be issued.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from Busways.

Bus pass applications can be submitted online from the following link. If your application is rejected due to living within the walking distance radius, please contact the school office on 6584 8060 for assistance.

https://apps.transport.nsw.gov.au/ssts/applyNow

## Assembly Awards

	ASSEMBLY WEEK 1				
ROLL CLASS	CLASS AWARD	Sports Award	STUDENT OF THE WEEK	WORK OF THE WEEK	
1F	Chloe Higgins	Grace Broderick	Christopher Williams	Mitchell Hine	
1W	Maia Sykes	Sonny Cowan	Kai Colgin	Deklyn Latham	
1_2HL	Flynn Briscoe		Angus Castle	Ella Collins	
2Ј	Evelyn Hope	Otis James	Talia Kapila	Benji Day	
KE	Chloe Shrimpton	Ria Sese	Karson McKinnon	Zahli Moran	
KG	Madi Lewis	Amelia Poole	Scarlett Jones	Skylar Bussell	
КН	Tyler Betts	Iris Lee	Lucca Donolato	Anzac Grant- Waters	

ASSEMBLY WEEK 2				
ROLL CLASS	CLASS AWARD	Sports Award	STUDENT OF THE WEEK	WORK OF THE WEEK
1F	Hailey Collins	Zee Donolato	Tiarna Scarff	Zac O'Brien
1W	Wilo Thomas	Tahney Cross	Bronte Cross	Jack Watt
1_2HL	Xavier Robinson	Bethany McKerrow	Lily Havron	Alexandra Ellis
KE			Ria Sese	Dusty Anderson
KG	Leo Ellis		Isaac Latham	Duke Brown
			Talula Carey	
КН	Noah Gillbanks	Hayley Wheatley	Sunny Relf	Iris Lee

## KINDERGARTEN ENROLMENTS ARE NOW BEING TAKEN FOR 2019

If you have a child or know someone with a child who will be starting Kindergarten at Lake Cathie Public School in 2019 please call in to the office to collect an enrolment form.



## Lake Cathie Public School Kindergarten 2019

## **Important Dates 2018**

Showcase of Excellence/Kindergarten Orientation Thursday 25 October 2018 9.30 am - 11.30 am

Kindergarten enrolments for 2019 and 2020 are invited to come along to our school with their families to be entertained by students at our Showcase of Excellence.

After the showcase children for 2019 enrolment will participate in transition activities with our Kindergarten teachers while parents attend an information session.

Children are required to bring a packed morning tea. They will share their morning tea with their buddies and enjoy getting to know one another.

Parents are invited to enjoy a cuppa and a yummy morning tea provided by the school.

## Drop in visits 9.00 am - 10.00 am

Thursday 8 November 2018

Thursday 22 November 2018

Thursday 6 December 2018

Children are invited to be dropped off for our transition sessions where they will participate in structured 'getting ready for school' activities with our kindergarten teachers.

## **Important 2019 Dates**

## **Best Start Interviews**

Best Start assessments will take place over the first three days of the first school week in Term 1.

Parents will be able to select an interview time at the 2018 orientation day.

2019 Kindergarten students start school on Monday 4 February 2019.



## Information Booth School Upgrade at Lake Cathie Public School

The NSW Department of Education is upgrading Lake Cathie Public School on Ocean Drive in Lake Cathie.

If you would like more information about the project or would like to provide feedback, please visit the information booths on either

Saturday 13<sup>th</sup> October 2018
Wednesday 17<sup>th</sup> October 2018
Saturday 3<sup>rd</sup> November 2018 at the time and venue noted below:

Location: Woolworths Lake Cathie

**Time:** 10:00am – 12:00pm



Hair accessories in school colours are now available to purchase from the school.

Hair clip \$3.00

Headband \$5.00

Hair tie \$4.00



## LCPS K—6 students would like to invite you to a Grandparents' Day Celebration

Please join the students of LCPS who will be providing some light entertainment and spoiling our grandparents with morning tea.

The Book Fair will be held in the library from 9.00am

When: Wednesday 28th November

Where: Lake Cathie Public School

Time: 9:00am entertainment begins

10:30am morning tea

Please RSVP by Thursday 22nd

November for catering purposes.

## RSVP Grandparents' Day Celebration

I would like to accept your invitation to attend the

Grandparents' Day Celebrations

on Wednesday 28th November

to be held at Lake Cathie Public School.

My grandchild / children's name/s are:

\_\_\_\_\_

There will be \_\_\_\_\_ grandparents attending.

(please indicate number)















## STAGE 3 CAMP MYUNA BAY















Stage 3 certainly had a fun time when they went to Myuna Bay Sport and Rec Camp in week 1 of this term, running, jumping and paddling their way through the week. Their fun and exciting activities included: Archery, High Ropes, The Giant Swing, Kayaking, A Group Challenge Course, Raft Building (Lots of Mud involved with that one) and Rogaining! Everyone enjoyed themselves, and there were happy faces all throughout the dormitories (apart from when there were one of Mr Hayward's room inspections, haha!). Overall it was a great success and made even better with the onsite pool and night shows! Thank you to Mrs Cowan, Mrs Watson, Mr Haywood and Mrs Sewell for taking us!

Brianna Hosemans and Vincent Miller

## UNIFORM SHOP NEWS





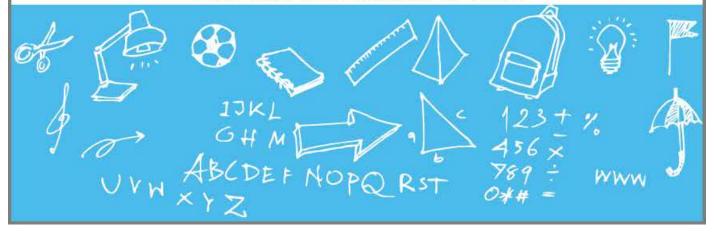
Fully stocked and ready for your uniform orders

Are your children growing like weeds?

Get your uniforms organised for the 2019 school year now!

Uniform shop closes on Tuesday 18 December! Reopening Tuesday 30th January 2019 (staff development day).

The uniform shop is fully stocked for Ages 4-16, Adult sizes also available to order.









IN RAISING
FUNDS TO HELP
WILLOW GET THE
SURGERY SHE
NEEDS TO

restore her hearing!



Planet X

SATURDAY 17TH

FROM 6PM

\$50 PER PERSON INCLUDES 3 COURSE MEAL 8 DRINK ON ARRIVAL

GET YOUR TABLE OF 8 TOGETHER BY MONDAY 12TH NOVEMBER

TICKETS AVAILABLE FROM CLUB RECEPTION CALL 6559 9110. DJ MARCUS ULRICK FROM PACIFIC BLUE ENTERTAINMENT

GREAT RAFFLE
PRIZES &
AUCTION ITEMS
ON THE NIGHT.

MAJOR SPONSORS



WELCOME A SLICE OF THE WORLD INTO YOUR HOME IN 2019!

OVERSEAS EXCHANGE STUDENT

REQUEST A FREE INFO PACK / SMS 'HOST' to 0428 246 633



## HEAR FROM A HOST MUM

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## HOSTING AT A GLANCE

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MORE INFO: WEP.ORG.AU/HOST

CAMDEN HAVEN ANGLICAN CHURCH

## MONSTER GARAGE SALE

PLANTS, BOOKS BBQ — BACON & EGGS BREKKIE CAR WASH

SATURDAY, 10 NOVEMBER 7:30AM — 12PM

2 MISSION TERRACE, LAKEWOOD PHONE: 6559 5036





#### Dear parent,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it's **absolutely FREE**.

#### WHEN DOES GO4FUN RUN?

Go4Fun runs for 10 weeks after school or on weekends during the school term, and children attend a fun filled 2 hour session each week with their parent or carer.

#### WHAT DO WE DO AT GO4FUN?

Every week the children will be involved in fun and interactive games and activities to get their heart rates up and enjoying being active.

Each week you and your child will learn about healthy eating, setting goals, portion sizes, label reading and more. The program also includes a supermarket tour where you get to put everything you've learnt into practise.

#### START UP PACK

Your child will receive a start-up pack including a:

- Go4Fun backpack,
- Go4Fun t-shirt.
- Go4Fun water bottle, ball and wristbands.
   Your child will also earn up to 3 bonus attendance rewards over the ten Go4Fun sessions.

## Parents receive a \$15 fresh fruit and vegetable voucher for each session you attend, plus a folder full of weekly session information, activities, recipes and more. Plus you will receive a practical Meal Mate cup to help with portion sizes and a Detective Card

more. Plus you will receive a practical Meal Mate cup to help with portion sizes and a Detective Card to help decipher nutrition information on food packaging. Parents receive a report on their child's progress and health improvements following Go4Fun.









### WHAT RESULTS ARE WE LIKELY TO SEE?

Since Go4Fun began in July 2011, we have helped more than 300 children and their families across the Mid North Coast to lead fitter, healthier and happier lives. Our results show that on average, as a result of the program, Go4fun children now:

- have a reduced waist circumference
- eat more fruit and vegetables each day
- drink less soft drink
- are more active and meet the physical activity guidelines
- spend less time in sedentary activities
- have improved self-esteem

### WHAT DO PAST PARTICIPANTS THINK OF GO4FUN?

"I think by far the reason Chloe did so well in Go4Fun was she was being taught from a source other than me. She was given knowledge and she began to make choices to be healthier. This is a lesson that I believe will last both of us throughout our lives. The leaders made it fun to learn about good nutrition and regular physical activity and we all enjoyed doing active games together, even the parents."



"Go4Fun will be something I will remember forever, and Chloe will too. I cannot recommend the program highly enough to any parent thinking of joining. Give it a try it could change your lives." Sue, Pott Macquarie

"Even though we knew the nutrition and exercise information before we started, it's helped us so much.

Matilda is not only healthier but so much happier, with a boost in self-esteem and confidence. She misses Go4Fun and always looks forward to catching up with the others from her group." Tracey, Coffs Harbour



#### **ENROL TODAY!**

Registrations for Term 4, 2018 programs are now open with limited places available in our Port Macquarie, Wauchope, South West Rocks, Nambucca Heads and Coffs Harbour. We'd love to welcome you and your child into a Go4Fun program and encourage you to secure your place.

Port Macquarie Term 4, 2018 program will run: Wednesdays, 4pm to 6pm starting October 17th Venue: Port Macquarie Public School

Register at Freecall 1800 780 900 or online www.go4fun.com.au

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## SCHOOL FUNDRAISER

## IdleWilde

## Open Range Farm Eggs



**IdleWilde** is a family owned and run 100 acre farm on the Bulga Plateau.

As a school fundraiser they are offering a dozen Free Range eggs for \$6.00, with \$1.00 from every dozen sold donated back to the school.

(Cash only)

Collect your eggs from the office each week and support this family business as well as our great school.























The Good Guys Port Macquarie

T: (02) 5524 0000 F: (02) 5524 0001 168 Lake Road Port Macquarie, NSW,

www.thegoodguys.com.au

















Lake Cathie Tavern

1609 Ocean Drive Lake Cathie

Call (02) 6584 8811

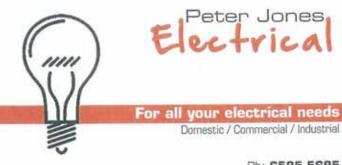












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X-	