

CONNECT



Lake Cathie
Public School

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DATES TO REMEMBER

Tuesday 22 October

First Lego League Workshop
P & C meeting at 6.30pm in the library

Wednesday 23 October

Kindergarten Excursion

Monday 28 - Thursday 31 October

Stage 3 camp

Friday 1 November

Kindergarten 2020 drop in 9.00-10.30am

Monday 11 November

Remembrance Day Ceremony

Monday 11 - Friday 22 November

School Swimming Scheme for students in
Year 2

Friday 15 November

First Lego League Robotics

Friday 22 November

Kindergarten 2020 drop in 9.00-10.30am

Tuesday 26 November

Public Speaking finals



Lake Cathie
Public School
Parents and Citizens

Lake Cathie P & C invites new and existing families to attend the P&C meeting being held in the school library on
Tuesday 22 October at 6.30 pm.

Come along and find out how you can be a part of the P&C and help meet the needs of the school community and contribute to decisions about the school. Agenda items to the office by Friday 18 October please.


msp
photography
www.msp.com.au

e northcoast@msp.com.au
p 02 6583 1968
f PO Box 422
Port Macquarie NSW 2444

A letter was included in all school photo packs with information on ordering group photos and the whole school photo. These orders need to be completed online through MSP photography before Sunday 3 November 2019. If you didn't order school photos but would like to order group photos please contact the school on 6584 8060.

**Capturing
School
Moments**

WORLD TEACHERS' DAY AWARDS

It is my absolute pleasure to inform our school community that Mr Cody Baker and Mr Jay Pringle, marvellous teachers at our school, are being awarded World Teachers' Day awards next Friday afternoon in Port Macquarie. This award is a wonderful recognition of their great careers so far and their total commitment to the ideal of valuing quality teaching and wellbeing for our students here at Lake Cathie Public School.

Cody and Jay's continued positive commitment to and support of our school sees them as highly valued professional team members full of spirit. Congratulations Cody and Jay.

TERM 4 STAFFING

We welcome Mrs Pritchard to continue the learning journey of students in 2H. Mrs Harris is taking special family leave during term 4.

LAKE CATHIE PUBLIC SCHOOL EXCELS AT PORT MACQUARIE DANCE EISTEDDFOD

Lake Cathie Public School went to the Port Macquarie Dance Eisteddfod with three entries and proudly returned with three trophies. Jay Pringle, a dedicated teacher at Lake Cathie Public School, choreographs and spends many hours with the three dance groups mostly in his own time. His passion for dance has certainly filtered through to the students.

Many hours of preparation are spent but well worth it when the Lake Cathie 'Spirit' shone brightly for us. I absolutely enjoyed seeing all our dancers on stage at the Glasshouse with both personal and group success.

TERM 4 STAFF DEVELOPMENT DAYS

As with most schools, the two days of scheduled staff development at the end of term 4 have been conducted throughout the year.

Our staff has decided to participate in four x 3 ½ hour training sessions in lieu of these days after all of the students have finished school for the year. Our training sessions have included CPR and Anaphylaxis training, Literacy and Numeracy Progressions training, student and staff wellbeing training and Project Based Learning training. This is in addition to our weekly professional learning sessions. On these days – Thursday 19 and Friday 20 December the school will not be operating as usual. The last day for students is Wednesday 18 December.

MOSQUITOES

With recent hatching in our area, please prepare your children in the mornings with insect repellent if you feel it necessary.

10 DAY SPECIAL SWIMMING SCHEME

Today Year 2 and selected students in years 3-6 will bring home information about the 10 day swimming scheme to be conducted from Monday, 11 November to Friday, 22 November.

All Year 2 students are encouraged to attend and there are places available for Year 3-6 students who may need to further develop their swimming skills.

Total cost for the 10 days is \$60.00. Permission notes and \$30.00 deposit need to be returned to school by Thursday 31 October. There are only a limited number of places available which will be allocated on a first in basis. This cost has been subsidised again this year, by our marvellous P&C.

PERFORMANCES AND END OF YEAR ACTIVITIES

Mon 2 December 6.00-7.30pm
Whole School Christmas Concert Camden Have HS

Sat 7 December 6.00pm
Carols at Lake Cathie By the Lake

Thu 12 December 9.00am
Presentation Day At School

Fri 13 December time TBA
K-2 Movie Day Port Macquarie

3-6 Pool Day Kendall Pool

Mon 16 December 7.00am
2019 & 2020 Leaders' Breakfast Fat Fish Café

Yr 6 Farewell Dinner 6.30pm
School Hall

Wed 18 December 2.15pm
Farewell Tunnel and last Day of school At School

P&C NEWS

Meetings Tuesday 22 October 6.30pm Library

Tuesday 3 December 6.30pm Library

P&C Volunteers Tuesday 12 November 6.30pm

Dinner Lake Cathie Tavern

(Great Trivia Sponsor)

CLASS PLANNING FOR 2020

To assist us with our planning of classes for next year, would any family whose children will not be returning to Lake Cathie Public School in 2020 please complete the form below and return to school.

PLEASE DO NOT RETURN THIS FORM
FOR YEAR 6 STUDENTS MOVING ONTO HIGH SCHOOL

Class Planning for 2020

My children will not be returning to Lake Cathie Public School in 2020.

Name : _____ Class : _____ Name : _____ Class : _____

Parent/Carer Signature : _____ Date : _____

JUNIOR BAND 2020 PARENT & STUDENT INFORMATION NIGHT

If you are interested in your child joining the 2020 Junior Band, you are required to attend a Band Info night on Tuesday 5 November at 6.30pm in the Band Room.

TELL THEM FROM ME SURVEY - PARENTS LAST CHANCE TO HAVE YOUR SAY

This Term, our school will be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 26 August and 25 October. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>. To access the survey for our school go to: <http://nsw.tellthemfromme.com/lcps2019>

The survey is available in 23 languages.

2020 SCHOOL BUS TRAVEL APPLICATIONS NOW OPEN

Applications for student bus travel in 2020 opened on Friday, 11 October 2019.

Students progressing to year 3 no longer need to re-apply if they:

- are continuing at the same school
- are residing at the same address
- have not been sent an expiry notification from Transport for NSW.

Where a student meets the new distance eligibility, the system will automatically update their entitlement. If they do not meet the new eligibility, they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

If students need to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before 31 December 2019 to ensure student entitlements are updated and their current entitlement/card is not cancelled. If their application is submitted after 31 December 2019, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from their nominated operator, this may be distributed via the school or sent direct to their address.

Library News

BORROWING DAYS FOR TERM 4

Tuesday – 1/2H, 2D and 2H

Wednesday- 4B, 4H, 5/6E and 5/6W

Thursday – K Green, 1F, 1W and 3H

Friday – K Blue and 3P

Please remember to return your books so others can read them too!

BOOK CLUB

Issue 7 brochures were handed out this week. Please place your order online at www.scholastic.com.au/LOOP by Friday 26th October.

Online orders earn free items through the Kool Kat Reading Adventure.

There are some great Christmas gift ideas in this issue. Tick the gift option and we will notify you to collect the order when it comes in.

KOOL KAT READING ADVENTURE

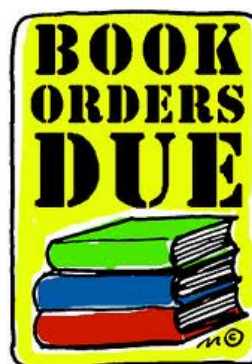
The Kool Kat Reading Adventure Continues!

1st ORDER
Launch your child's Reading Adventure

2nd ORDER
Reusable Kool Kat Book Bag
Printable Star Reader Certificate

3rd ORDER
Double-sided Kool Kat Reading Adventure Interactive Poster
Kool Kat Club VIP Bookmarks

4th-5th ORDER
Select a free book from a range of curated titles



FRIDAY 26 October

CANTEEN news

CANTEEN OPENING TIMES

The canteen is open on Mondays, Thursdays and Fridays. The canteen also provides free fruit to students on Wednesdays. Orders can be placed online at My School Connect.

VOLUNTEERING IN THE CANTEEN

If you would like to help out in the Canteen please contact the school on 6584 8060, message through the canteen facebook page or speak to Kylie Whiting.

Lake Cathie
Public School



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au/lakecathies

CANTEEN ROSTER

| | | |
|----------------------|----------|-----------------|
| Friday 18 October | 9-2pm | Mary ann Grant |
| | 9-11am | Rachel Grierson |
| | 12-2pm | Amanda Eglon |
| Monday 21 October | 9-2pm | Jenny Downing |
| Wednesday 23 October | 10-11.30 | Rachel Grierson |
| Thursday 24 October | 9-2pm | Mary ann Grant |
| Friday 25 October | 10-2pm | HELP REQUIRED |
| | 9-11pm | HELP REQUIRED |
| | 12-2pm | Amanda Eglon |
| Monday 28 October | 10-2pm | Jenny Downing |
| Wednesday 30 October | 10-11.30 | Rachel Grierson |
| Thursday 31 October | 9-2pm | Lauren Miller |
| Friday 1 November | 9-2pm | HELP REQUIRED |
| | 9-11am | HELP REQUIRED |
| | 12-2pm | Amanda Eglon |



Bus Pass Applications

Bus pass applications can be submitted online from the following link. If your application is rejected due to living within the walking distance radius, please contact the school office on 6584 8060 for assistance.

<https://apps.transport.nsw.gov.au/ssts/applyNow>



Nutrition Snippet

The simplest way

... to get enough calcium.

The biggest opportunity to build strong bones is in childhood, when children are still growing.

This is why it is extremely important that children eat enough calcium rich foods such as milk or calcium fortified dairy alternatives (e.g. soy milk), cheese and yoghurt. Visit the dairy section of our [lunch box builder](#) to see how many dairy serves your child needs and to get calcium rich lunch box ideas.



Visit healthylunchbox.com.au and try these calcium rich recipes:

- [Minty yoghurt dip](#)
- [Berrylicious smoothie](#)
- [Turkish, avocado, ricotta & tomatoes](#)
- [Easy Pizza](#)

healthylunchbox.com.au



Insulated Lunch Bags available from the Canteen \$10.00 each (cash only)



LAKE CATHIE PUBLIC SCHOOL
SPECIAL EDITION NEWSLETTER

STAGE 2

Koala Smart Project

YOU'RE INVITED!

The Koala SMART school displays will be launched at Panthers Port Macquarie on Thursday 24 October 2019. From 3.30pm - 5pm students and families are welcome to view the displays. From 5pm-6pm there will be official announcements and presentations.

Please join us at Port Panthers to view the work of students from Lake Cathie PS as well as from the local community of schools.



FINISHED!

Our koala has been painted and will be on display at Port Panthers next week. The chosen design was created by Alex E in 3H and painted by a range of students from all Year 3 and 4 classes with guidance from Mrs Havron.



Road safety



Wearing helmets and riding safely

Wearing helmets

Your child must wear a helmet when riding a bike in any public place – it's the law. The helmet must comply with the Australian and New Zealand standards and needs to be securely fitted and fastened on your child's head. It should be buckled firmly so it fits without wobbling or slipping to the sides.

Always remember to check that your child is wearing a helmet whenever they're playing or riding on wheels –

- Bikes
- Foot scooters
- Rollerskates
- Skateboards
- Rollerblades.

Riding safely

Although children quickly learn to pedal, steer and brake, they aren't ready to cycle near traffic or on the road. Until they are at least 10 years old, your child should ride off-road away from vehicles and driveways.

The safest places to ride bikes, scooters and skateboards are within fenced areas. This helps your child from riding or falling onto the footpath or the road. Children under 16 and their

accompanying supervising adult riders may ride on the footpath, unless there are signs specifically prohibiting cycling. Riders need to take special care at driveways where vehicles may be driving in or out.

At intersections, riders must dismount and wheel the bicycle across the road as a pedestrian, following the **STOP! LOOK! LISTEN! THINK!** procedure.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au

Messages to share with your children in Kindergarten to Year 4

- Always wear a helmet when you ride or skate
- Ride your bike away from the roads

Messages to share with your children in Years 5 and 6

- Always wear a helmet when you ride or skate
- Ride your bike away from busy roads

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COMMUNITY CHURCH

5pm Saturdays at LCPS

Creche for 0-5 year olds

Kids' program for children in years K-6

Supper and kids' dinner provided

Everyone welcome!

Contact Rachel on 6584 8060 to place
your advertisement in the School
Newsletter



Gingerbread House Workshop
Saturday, 16 November 2019
2 to 5pm



\$35 per kit - includes lolly bag and refreshments
Maximum 3 people per kit, family friendly
Guest speaker

Tickets essential and available from church office
Camden Haven Anglican Church, 2 Mission Tce, Lakewood
6559 5036 // info@havenanglican.com

Uniform shop is open on Tuesday 8:30-9:15 am & Thursday 2:30-3:00pm

Canteen is open on Monday, Thursday & Friday

Student Banking is on Tuesday

School Office Hours 8.15am - 3.15pm

Thank you to the following local businesses for supporting the Lake Cathie Public School P & C Trivia Night

Before School: 7am - 9am

\$16 | \$3.08 with full CCS rebate

After School: 2.45pm - 6pm

\$20 | \$3.85 with full CCS rebate

Vacation Care: 7am - 6pm

\$56-\$75 | \$10.78-\$14.44 with full CCS rebate



Active OOSH

0418 985 315

lakecathie@activeoosh.com.au

www.activeoosh.com.au



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peter.poole1@bigpond.com
(02) 6559 9567

Emma Grant

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Michael Whiting
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| |
|------------------------------|
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| Athletes Foot Port Macquarie |
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| Battery World Port Macquarie |
| Beechwood Bar & Café |
| Bluewater Bar |
| Bonny Hills Garden Café |
| Bonny Hills Garden Centre |
| Book Face |
| Burger Rebellion |
| Burger Urge Port Macquarie |
| Caramels @ Cathie |
| Centre of Gravity |
| Coppy's Butcher Block |
| Crystal Cut Hair Salon |
| Dan Murphys Port Macquarie |
| Dashing Bean |

| |
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| Laurieton Hotel Bistro |
| Lyn's Bloom Room |
| Laurieton Riverside Seafoods |
| Maxx Sims n Slot Cars Family Fun Centre |
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| Port Macquarie Surf School |

| |
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