

CONNECT



Lake Cathie
Public School

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END OF TERM EVENTS

Monday 2 December	<i>School Christmas concert</i>
6.00 - 7.30 pm	Camden Haven High School
Saturday 7 December	<i>Carols by the Lake</i>
commencing at 5.30 pm	Lake Cathie foreshore
Monday 9 December	<i>Year 6 fun day</i>
	at school
Thursday 12 December	<i>Presentation Day</i>
commencing at 9.30 am	School Hall
Friday 13 December	<i>Year 3-6 pool day</i>
	Kendall Pool
	<i>K-2 movie day</i>
	Port Macquarie
Monday 16 December	<i>2019 & 2020 Leaders breakfast</i>
commencing at 7.00 am	Fat Fish cafe
	<i>Year 6 farewell dinner</i>
commencing at 6.30 pm	North Haven Bowling Club
Wednesday 18 December	<i>Year 6 tunnel</i>
commencing at 2.15 pm	at school

IMPORTANT REMINDERS....

It's a really busy time of the year and the school calendar is no exception.

Christmas Concert - Monday 2 December.

During the day: All students are expected to attend the rehearsal at Camden Haven High School as there will not be supervision at school. Please send all notes and bus money to school urgently. Students do not need their costume for the rehearsal.

During the evening: Students should come dressed in their costume. Please eat dinner before coming to the concert. Students should see their classroom teacher when they arrive. There is no allocated seating or tickets to be purchased in advance for audience members. We are asking for a gold coin donation at the door to support our local fire fighters.

Crazy Hair Day - Wednesday 4 December. Come to school with your craziest hair! Spikes, braids, pony tails! How crazy can you be?

Year 6 are asking for donations of hair spray or a \$2 coin to go towards their fun day the following week. Please bring any cans of hair spray to school in a bag and make sure there is a seal on the can.

Year 6 Fun Day - Monday 9 December. Students come to school in uniform on the day. Fun activities will be enjoyed between recess and lunch, as planned by Year 6. Information about tickets and activities have been sent home recently.

Presentation Day - Thursday 12 December. Please come to school dressed in a clean school uniform, polished shoes and neat hair. Today we celebrate being part of Lake Cathie Public School and show our greatest school spirit.

Movie/Pool Day - Friday 13 December. Notes have come home recently for the school end of year party day activities. K-2 are heading off to the cinema and Years 3-6 are heading to the swimming pool. Please send all permission notes and money to class teachers.

Primary Sport - Tuesday 17 December. A 'make up' day for primary sport due to cancelled sessions. Students will have a double sport lesson today to compensate for missed lessons due to fire and smoke hazards earlier this term.



LCPS CHRISTMAS CONCERT – MONDAY 2 DECEMBER

Arrive at 6.00pm for a 6.30pm start (Band members please arrive at 5.45pm)

Our students have worked very hard to entertain all of our families. See you there!

No tickets – just a donation towards our RFS and emergency services please.

CAROLS BY THE LAKE – SATURDAY 7 DECEMBER 5.30-6.45PM

Each year we commit to perform at and be part of our local Carols night organised by the Lake Cathie/Bonny Hills Lions Club. Our students will perform items to the wider community already rehearsed and prepared for our LCPS Christmas Concert next Monday. Please arrive shortly after 5.00pm ready to start performances at 5.30pm. Band members can meet Mrs Harris and Mr Garven and all other students can meet their grade teachers. The three dance ensembles will not be performing at this event.

KINDERGARTEN INTERVIEWS

What a pleasure it has been to interview nearly all of our new kindergarten students and their families who will join us in 2020. Thank you to all families for their positivity about the education of their children.

CANCELLATIONS DUE TO FIRE AND SMOKE

We appreciate the understanding of parents and carers in our continuing student and staff safety decisions, with fluctuating air quality. We are planning to make up our two missed primary sport sessions on Tuesday 17 December with a double session of all sporting activities. We believe at this time of year, both students and staff will enjoy this accommodation. We are still in negotiation to try and reschedule the Swimming School program early in 2020 after all of the bookings of pools for swimming carnivals have been completed. We will confirm as soon as possible. We will make refunds for Swimming School in any case and readvertise if the program can run next year.

PSSA CRICKET SUCCESS

Congratulations to Ben Spencer, Sam Pagotto, Max Fellowes and Brenton Mance who were successful at the recent Hastings/Camden Haven cricket trials and will advance to play and trial for the Lower North Coast cricket team.

YEAR 6 GRADUATION DINNER

The Year 6 Graduation Dinner will be held on Monday 16 December, 2019 at the North Haven Bowling Club. Year 6 Students, Year 6 parents and carers along with school staff will come together to celebrate our students finishing primary school.

Please RSVP and make payment by Monday 3 December, 2018 to the school office. We look forward to a very special evening.

STUDENT REPORTS

Semester two reports will be sent home on Thursday 13 December.

Our teachers have spent considerable time assessing and measuring student performance both against the syllabus outcomes and in relation to the peer/age group your child is in. To achieve a 'Sound' grading, your child has achieved the necessary outcome for their current stage. That is:

Early Stage 1 – Kindergarten
Stage 1- Year 1 and Year 2

DATES TO REMEMBER

Monday 2 December

School Christmas concert rehearsal at Camden Haven High School
School Christmas concert at Camden Haven High School 6.00 pm

Tuesday 3 December

High School orientation day

P & C meeting 6.00 pm followed by

Volunteer Thank You at Lake Cathie Tavern 6.30 pm

Wednesday 4 December

Crazy Hair Day or Wear your own hat Year 6 fundraiser

Thursday 5 December

Stage 2 & 3 sport

Saturday 7 December

Lake Cathie Carols by the Lake 6.30 pm

Monday 9 - Tuesday 10 December

Band Try outs

Stage 2 – Year 3 and Year 4

Stage 3 – Year 5 and Year 6

In Stages 1 to 3, students have two years to achieve the necessary outcomes. However, as with all groups of students, results can also be below or above stage expectations. Please read your child's report carefully and make sure you are positive with your comments, especially if they have had high Application gradings. A high Application grading means your child is working to the best of their ability and making progress, regardless of the outcomes they have achieved.

CLASSES 2020

We have decided to draft classes and organisation based on 13 classes. We remain on the cusp of 12 and 13 classes. The unexpected movement of students, both in and away – 8 moving overseas, will determine the outcome at the beginning of the year. It is anticipated that all classes will be formed on a temporary basis until after the final numbers are submitted on 6 February, as all NSW schools are required to do. If our enrolments are confirmed within the first few days, we may be able to confirm classes earlier.

TERM DATES 2020

Term 1 Tuesday 28 January - Thursday 9 April

Tuesday 28 January	Staff Development Day
Wednesday 29 January	Students in Years 1-6 return
Monday 3 February	Students in Kindergarten commence

Term 2 Monday 27 April - Friday 3 July

Monday 27 April	Staff Development Day
Tuesday 28 April	Students return

Term 3 Monday 20 July - Friday 25 September

Monday 20 July	Staff Development Day
Tuesday 21 July	Students return

Term 4 Monday 12 October - Friday 18 December

Monday 12 October	Students return
Wednesday 16 December	Last day for students
Thursday 17- Friday 18 December	Staff Development Day

PUBLIC SPEAKING FINALS

The Lake Cathie Public School Public Speaking finals took place on Tuesday 26 November 2019. This term students from Year 1 to Year 6 have been involved in a public speaking competition. This competition has formed part of the English assessment program in class. There are many reasons why being a confident speaker is important but the main reason is communication. Communication is the backbone of our society. It allows us to form connections, influence decisions, and motivate change. Without communication skills, the ability to progress in the working world and in life, itself, would be nearly impossible. The students have worked very well in class presentations and grade semi finals to work towards the finals. Four students from each grade were selected to present their speech on Tuesday. Mrs Haleblan, Mr Baker and I had the pleasure of adjudicating the fabulous speakers from Year 1 to Year 6. The competition was of a very high standard and the improvements of speakers over the years was evident.

Students were given the task to prepare and practise a speech. The topics for Year 1 and 2 were 'Playing Together' and 'Kid Power'. Year 3 and 4 were asked to prepare a speech about 'Every Child Matters' or 'What Makes an Australian?' Stage 3 spoke about 'Learning from the Past' and 'Welcome to Australia'.

In Term 1, I will work with the winner and runner up from Year 2 - Year 5 who will make up the Stage 2 and Stage 3 enrichment team working toward representing Lake Cathie Public School at the local NSW Premier's Multicultural Public Speaking area finals. Congratulations to every child at Lake Cathie Public School who presented a speech this term and a huge congratulations to our grade finalists, runners up and winners.

Mrs Bailey

YEAR 1 FINALISTS	
Iris Lee	Winner
Elka Williamson	Runner up
Sunny Butler	
Jacob Collins	
YEAR 2 FINALISTS	
Amy Drury	Winner
Charlotte Drury	Runner up
Lily Meredith	
Elise Grein	
YEAR 3 FINALISTS	
Talia Kapila	Winner
Alexandra Ellis	Runner up
Eva Butler	
Ciana Jones	

YEAR 4 FINALISTS	
Annabelle Broderick	
Summer Waite	Winner
Brenton Mance	Runner up
Millie Bulmer	
YEAR 5 FINALISTS	
Chloe Kaplia	Winner
Alexia Drury	Runner up
Mikayla Haste	
Sarah Fiorenza	
YEAR 6 FINALISTS	
Brooke Instrell	Winner
Mila Bi	Runner up
Lily Butterfield	
Jack Gould	



CHRISTMAS HAMPER RAFFLE

Thank you to all the families that have donated prizes for the Christmas raffle that will be drawn on Thursday 12 December. Hamper winners will be announced at the Presentation Day assembly.

Donations are still being accepted and if you require more raffle tickets see the office staff.



CHRISTMAS HAMPER

As part of our Christmas celebrations the P&C would like to raffle Christmas hampers full of goodies.

We need your help!

To make up the prize for the raffles we are asking for donations.

Ideas could include chips, biscuits, bottles of drink, poppers, crackers, Christmas decorations, party goods, lollies, chocolates and more.

You may already have something in your cupboard at home.

All donations can be sent to the office and placed in a collection tub. For every donation provided the children will receive a raffle ticket to be in the running for an ice block at the canteen drawn on a Monday morning.

Tickets will be \$1 each or 12 for \$10

All money raised will go towards supplies for our classrooms.

Thanks for your support. ☺

Extra raffle tickets available from the office

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KINDERGARTEN ORIENTATION

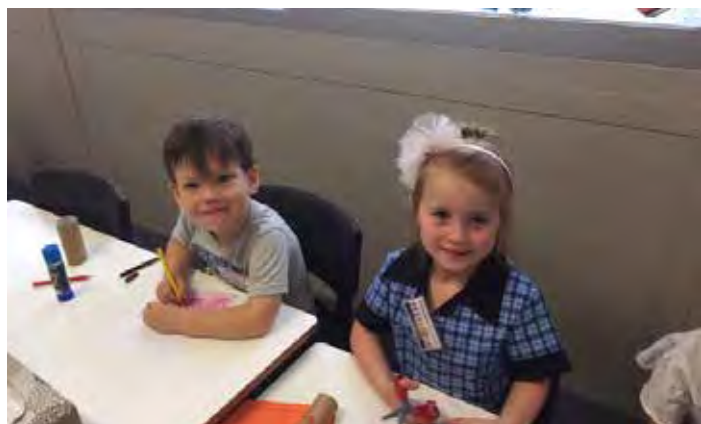
The 2020 Kindergarten children have now completed all their orientation visits to Lake Cathie Public School.

The children have been mixed in groups between the two Kindergarten classes and have had the opportunity to sing some of the Five Fair Rules, complete cut and paste activities and make some Christmas craft.

The children have met their buddies and we hope that their first experience of what school is like has been enjoyable.

We are looking forward to see you again in 2020 when you officially start BIG SCHOOL!

Katy Haste and Trish Gray



Stage 1 Lake Cathie Project

Last Thursday afternoon a very excited Stage 1 were prepared and ready to show off their Semester 2 projects at the “Lake Cathie Project” presentation. What an afternoon!

To think that this project started off as an idea about a local issue in Term 3, which the students then turned into fabulous multimedia presentations that demonstrated their learning to the local community. Stage 1 students were passionate about droughts and a local icon, the Lake! They were knowledgeable and excited. It was student-driven learning demonstrating high levels of engagement.

It was so wonderful to see so many parents and invited ‘experts’ to come and share the end of our learning journey. It was exciting to hear the conversations happening around the room and the depth of knowledge that was shared by all students. I think we can all agree that the huge effort in terms of time, learning, coordination and energy was well worth the effort. Thank you to everyone involved.

This was sent to us from the Revive Lake Cathie Team: “Thanks for having us!!! I was amazed at the students presentation they were amazing. The history and science they produced was incredible!!! “

I wonder what our next project will be?



PEER SUPPORT

The Peer Support program concluded last Monday across the school Kindergarten to Year 6.

It has been a very busy and exciting time for Stage 3 as they have worked in pairs throughout the year as peer support leaders to groups of Kindergarten to Year 4 students.

A massive thank you to Mrs Watson, Mrs Cowan and Mr Easey who have spent considerable time working with the Stage 3 students to strengthen their leadership and group management skills. This responsibility of being a peer support leader will ensure the students learn many valuable lessons for the future as they progress into high school.

The overall aim of the Peer Support program across the school was to firstly develop the leadership skills of our senior students. Secondly, the aim of the program was to enhance connections and relationships between all students. This initiative is directly related to our school's strategic plan around wellbeing.

The leaders worked hard to prepare for the lessons and activities and then participated in a debrief session the day after the sessions with the group. The aim of the debrief session was to listen to feedback and continually reflect on their performance and leadership skills.

After the initial getting to know you sessions, the school worked through a module called 'Moving Forward' which focused on resilience.

The experiences in this module helped children identify their qualities and strengths, develop skills, respond with a range of strategies and seek support when faced with challenges. In the first session, the children established connections with the other members of the group and developed a group agreement to enable them to work well together. The children discussed an example of a challenging situation and some resilient and non-resilient responses.

Peer support was an excellent opportunity for our K-6 students to work and learn together.

We have already started to make plans for Peer Support in 2020 and are very excited to be continuing on this journey.

Mrs Bailey

FIRST LEGO LEAGUE

Discovery, innovation, inclusion, teamwork and professional gratitude....these were the core values of the First Lego League. This week, 10 students from Years 3-6, Mrs Ainsworth and Mrs Haleblian spent the day showcasing their collaborative and technological skills at Port Macquarie Stadium. They were joined by primary and secondary schools from across the Hastings and Kempsey community of schools.

The First Lego League is a global robotics competition built around theme-based challenges to engage children in problem solving, coding and engineering. The foundation of the program emphasises teamwork, discovery and innovation. There are three main aspects to the competition: robot design, an innovation project and coding. Our Lake Cathie team, the RoboRangers, have spent many weeks preparing for the event.

Their innovation project was focused on solving the problem of local graffiti. Students worked together research the impact of graffiti on our local area and interviewed representatives from the council and local artists about ways graffiti can be combatted. Their solution was presented in the form of a play which highlighted to the judges how communities can benefit from planned, artistic pieces of work and how instances of graffiti can diminish if properly managed.

Students' engineering skills were demonstrated through their robot design. An EV3 is part of the Lego Mindstorms series. It combines the versatility of the Lego building system with advanced technology. Students use block-based code to create their own programs that control the robot and the First Lego League set a series of challenges for students to solve within a 2 1/2 minute period. At this week's event, students competed against the other schools to see how many coding challenges their robot could complete within the timeframe.

Over the course of the day, students were scored for their presentations of their innovation projects, the choices made in relation to their robot design and the way the team demonstrated the core values. A cumulative score resulted in two teams being chosen to represent the region at the finals to be held in Sydney.

The RoboRangers did a fantastic job and represented Lake Cathie with pride. Their innovation project received great feedback from the judges and it was evident that this group of students collaborated as a team. They demonstrated the core values through every moment of the competition and completed the coding challenges confidently. Unfortunately we didn't come away with an award for 2019 but students can definitely hold their heads high. They certainly showed Lake Cathie spirit and we will be back again in 2020 to have another go!



Crazy Hair Day and Year 6 Fun Day

This year for the Year 6 Fun Day, Years 5 and 6 will be hosting a CRAZY Hair Day OR a Bring Your Own Hat to School Day to raise money to help buy products for the stalls we will be running. On Wednesday 4 December, students can come to school with crazy hair or they can wear their own hat to school.

We ask that you bring in a gold coin donation or a can of coloured hairspray. Money from the Year 6 Fun Day will go towards a present for the school and a portion will be donated to the Rural Fire Service.

Thank you.

Years 5 and 6 students



Year 6 Fun Day

Dear Parents and Carers,

On Monday 9 December 2019, Years 5 and 6 will be organising and hosting the "Year 6 Fun Day". This event is our only fundraising method for Year 6. The funds that we raise go towards our Year 6 gift that we present back to the school and a portion will be donated to the Rural Fire Service.

Students will participate in various activities such as traditional sideshow ally games. The Year 5 and 6 students are busily designing and making the activities and will be running the stalls on the day. Students in Kindergarten to Year 4 will be participating in the activities in a time slot for approximately 2 hours. The focus of the day is fun and school community.

The day will cost \$5.00 per child. This includes unlimited turns on the various stalls and a limit of 1 item at each food stall. Please complete the permission slip and return, along with money, to school by Friday 6 December 2019.

Thank you your ongoing support.
Year 5 and 6 2019

Some examples of stalls:

<ul style="list-style-type: none"> o Ice Cream Cones o Rock painting o Haunted House o The Last Cast (fishing game) o Soccer Goalie shoot-out o Design your own biscuit o Milkshakes 	<ul style="list-style-type: none"> o Target aiming o Knock-out cans o Face Painting o Popcorn o Hairspray o Minecraft session o Frozen Cordial o AMAZING Maze
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2019 Christmas Concert



Presented by
Lake Cathie Public School
CAMDEN HAVEN HIGH SCHOOL,
OCEAN DRIVE, LAURIETON

MON
DEC
2

ARRIVE:
6PM
START:
6.30PM








**ENTRY
DONATION
FOR OUR
RURAL FIRE
SERVICE**

CANTEEN news

CANTEEN OPENING TIMES

The canteen will be closed on Monday 2 December as students will be at Camden Haven High School for the Christmas concert rehearsal. **The last day canteen will operate this year is Thursday 12 December**, only ordered meal deals will be available on Monday 16 December.

Lake Cathie
Public School



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au/lakecathieps

CANTEEN ROSTER

Friday 29 November	9-2pm	Anthony Miller
	9-11am	Catherine Carr
	12-2pm	Amanda Eglon
Monday 2 December		CANTEEN CLOSED
Wednesday 4 December	10-11.30	Rachel Grierson
Thursday 5 December	9-2pm	Lauren Miller
Friday 6 December	9-2pm	Anthony Hodges
	9-11pm	Catherine Carr
	11-2pm	Kate Pagotto
Monday 9 December	9-2pm	Jenny Downing
Wednesday 11 December	10-11.30	Rachel Grierson
Thursday 12 December	9-2pm	Lauren Miller

KOALA HOSPITAL MUTFI DAY FUNDRAISER

Thank you for supporting our mufti day this Friday 29 November! There are so many colours and fabulous outfits across the school today. We raised a total of \$350.00.

Stage 2 students have spent a considerable amount of time this year investigating koalas and their declining numbers in Australia. It is a cause many students are passionate about and the recent fires have devastated the local population. The Koala Hospital continues to work hard to help burnt, injured and sick koalas. Thank you again for showing such great Lake Cathie spirit!



Bus Pass Applications

Bus pass applications can be submitted online from the following link. If your application is rejected due to living within the walking distance radius, please contact the school office on 6584 8060 for assistance.

<https://apps.transport.nsw.gov.au/ssts/applyNow>



Sausage Sizzle Meal Deal \$5.00

Sausage sizzle, Quelch Ice Block & Popper or Water

Monday 16 December 2019

Please note: **CASH ONLY**. Canteen meals **CAN NOT** be paid through the school online payment system. (POP). Please send money and order form to the office prior to Monday 9 December for ordering purposes. 1 x form per child please.

Name:			Class:		
Sausage sizzle					
Sauce	BBQ	or	Tomato	(please circle)	
Drink	Water	or	Popper	(please circle)	



Assembly Awards



TERM 4 WEEK 6				
	CLASS AWARD	SPORTS AWARD	STUDENT OF THE WEEK	WORK OF THE WEEK
1F	Dex Cameron	Mason Curry	Charli Smith	Charlie Kast
1W	Scarlett Jones	Hayley Wheatley	Melodie	Harley Grant-Waters
1_2H	Henry Forster	Mila Wardle	Harlow Eggins	Annaliese Murphy
3P	Ella Grant			
	Eli McDonald			
	Lily Havron			
	Bailey Haste			
4B	Nate Stricker			
	Sam Pagotto			



Nutrition Snippet

The simplest way

... to get the benefits of fibre.

Eating enough dietary fibre helps you maintain a healthy weight and digestive system.

High fibre foods include wholegrain foods such as oats and brown rice, fruit, veg, seeds, nuts and legumes such as chickpeas, beans and lentils.

Top tips to increase your fibre intake:

- Choose wholegrain, wholemeal or high fibre varieties of grain foods e.g. bread, pasta, rice, noodles and crackers.
- Fill at least half your dinner plate with vegetables.
- Reduce the amount of meat in recipes and include more vegetables and legumes.
- Have fruit, vegetables, nuts and seeds as snacks.
- Try our [hummus](#) with vege sticks and wholegrain crackers



healthylunchbox.com.au



Nutrition Snippet

The simplest way

... to use spring vegetables.

Fruit and vegetables are tastiest and cheapest when they are in season.

During Spring, mandarins, pineapples, berries, asparagus, cucumber, green beans, zucchini, mushrooms and peas are all in season.



Here are some fruit and veg filled, spring ideas:

- [Green frittata](#)
- [Fattoush salad](#)
- [Moroccan lentil salad](#)
- [Tofu Korma](#)
- [Zucchini and turmeric salmon patties](#)
- [Healthy banana split pots](#)
- [Yoghurt rice pudding](#)
- [Frozen fruit puree](#)

healthylunchbox.com.au

Road safety



Driving safely near school buses

There is a 40km/h speed limit for traffic passing a school bus that is setting down or picking up school children. This speed limit is for all traffic travelling in the same direction as the bus, whether the bus is stationary or moving.

Lights will flash on the front and back of the bus reminding drivers that there may be children crossing or about to cross the road.

Buses can't stop quickly because they are large and heavy vehicles. So, remember:

- Reduce speed to 40km/h when bus lights are flashing
- Give way to buses
- Watch out for children crossing
- Never park in or near a bus stop or bus zone.

Informal school bus stops

Informal bus stops are not sign posted and are usually found in rural areas. They may be at the front of a property, or on the side of the road, which may make children difficult to see.

For more information on keeping our kids safe around schools visit the parents section on [safetytown.com.au](https://www.safetytown.com.au)

Support our local businesses



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salt COMMUNITY CHURCH

5pm Saturdays at LCPS

Creche for 0-5 year olds

Kids' program for children in years K-6

Supper and kids' dinner provided

Everyone welcome!

Contact Rachel on 6584 8060 to place
your advertisement in the School
Newsletter



MID NORTH COAST FIRES

Community Recovery Update



Dear Community Member

Lake Cathie Community Garden

As you may be aware, *Hastings Neighbourhood Services*, in partnership with *The North Coast Primary Health Network* and *Hastings Council* have secured funding to construct a community garden at 34 Mullaway road Lake Cathie, adjacent to the Community Hall. As a part of The North Coast Primary Health Networks 'Healthy Towns' initiative, Lake Cathie was identified as a town that would greatly benefit from a range of health and wellbeing programs and facilities.

As a valued community member and neighbouring resident of the Lake Cathie Community Hall, it is very important that you have the opportunity to contribute input and feedback on the planning and design phase of these works, as this is the next step in our extensive community engagement process.

We would like to formally invite you to hear more about the project and to voice your feedback at our **Neighbourhood Community Meeting and Morning Tea** to be held on **Tuesday 3rd December** from **10am – 11am at the Lake Cathie Community Centre**.

At this meeting we will provide further project information outlining the background, current status, constraints, timeframes and next steps in relation to establishing a community garden plan.

Of course, if you have any questions in the interim regarding this project, or, if you are unable to join us at the morning tea but would like to be kept informed of the projects process, please contact Georgina or myself.

As always, we look forward to seeing you there.

Yours sincerely,

Brendan Woollam
Hastings Neighbourhood Services
Phone: 0408 194 947
Email: enquiry.lakecathie@hns.org.au

Georgina Perri
Community Planning Coordinator
Port Macquarie-Hastings Council
Phone 6581 8113
Email: georgina.perri@pmhc.nsw.gov.au

All residents impacted by the recent bushfires from the Port Macquarie-Hastings region are invited to attend.

Thursday 28th November

- > 11:30am-12:30pm – Free BBQ
- > 12:30pm-13:30pm – Community Meeting
- > Wauchope Showground
93a High Street Wauchope

Representatives from Port Macquarie-Hastings Council and key agencies including Office of Emergency Management, Rural Fire Service, Fire and Rescue NSW, Disaster Welfare, Rural Resilience Program, Department of Primary Industries, Public Works Advisory Group, Red Cross and Telstra will be available to answer questions.



Bonny Hills Rural Fire Service

IN THE EVENT OF AN EVACUATION

THINGS TO TAKE

- ☐ Family members – pillow, blanket
- ☐ Children – comfort toy, activity
- ☐ Pets – Animals – lead or cage (labelled), food, water bowl, toy
- ☐ Keys
- ☐ Medication - prescriptions, list of medication
- ☐ Wallet / Identification / Money - include cash not just cards
- ☐ Mobile phone / laptop and chargers
- ☐ Contact numbers - eg family (on paper not just on phone)
- ☐ Important documents – eg passport
- ☐ Face mask or damp washers for smoke
- ☐ Torch
- ☐ Drinking water – bottles, cups
- ☐ Small Non-perishable Food - eg Muesli bars
- ☐ Change of Clothes - fresh underwear, something warm
 - woollen or cotton clothing is safest
- ☐ Suitable footwear - leather is safest
- ☐ Hat
- ☐ Personal requirements – toiletries, reading glasses
- ☐ Photos/ Digital data and photos / Backup hard drive etc
- ☐ Personal treasures
- ☐ Extras – eg pack of playing cards, book (could be a long wait)

SES phone number 132500

Bush Fire Information Line 1800 679 737

Bonny Hills Rural Fire Service

BE READY NOW

1. Be informed
 - Use **RFS sites and handouts** for information about what to do
 - Have **Fires Near Me app** on phone and check regularly
2. Be prepared - long before fires are in your area
 - Have a **Bush Fire Survival Plan** for your family and home
 - Refer to RFS information about preparing your home
 - Know what to do if you choose to stay or have to stay
 - Keep fuel in car topped up at all times in case of evacuation
 - Have empty bags or tubs available for packing
 - If you own pets familiarize them with evacuation cages or leads
 - Ensure cages or leads can be accessed if you aren't there and are labelled with pet's name and your name and contact details
 - Investigate face masks for smoke or at least damp washers
3. Be aware, be a neighbour
 - Know who lives near by – are there elderly or disabled who might need to get out sooner – have they got things in place?
 - Are there pets near by that might be alone if their family is at work?
4. Know when and where to go
 - Evacuation routes and evacuation centres will depend on fire direction
 - Listen to RFS alerts and follow the instructions of fire fighters
 - Individual households need to be aware of best and alternate routes.
 - Consider traffic congestion and hazards and leave early

REMEMBER

Fires don't always arrive on days when everyone is home.

- What do you need to keep secure incase you aren't home?
Is it worth considering a fire and waterproof safe?
- Are there some emergency items that are worth keeping with you incase you can't return home
- Refer to the list (over the page) of what to take and consider a back up of any of these to keep with you when out of the house

**LAKE CATHIE
BONNY HILLS
LIONS CLUB**



Carols

BY THE LAKE

Saturday 7th December 2019

LAKE CATHIE FORESHORE RESERVE 5.30PM START **MC LYNN LELEAN**

Lions BBQ Van

Performances by

Lake Cathie School

**Camden Haven
Concert Band**



*Special
Visit
From*

SANTA



www.lakecathiebonnyhillslionsclub.com

Thank you to the following local businesses for supporting the Lake Cathie Public School P & C Trivia Night

Before School: 7am - 9am

\$16 | \$3.08 with full CCS rebate

After School: 2.45pm - 6pm

\$20 | \$3.85 with full CCS rebate

Vacation Care: 7am - 6pm

\$56-\$75 | \$10.78-\$14.44 with full CCS rebate



0418 985 315

lakecathie@activeoosh.com.au

www.activeoosh.com.au



1609 Ocean Drive
Lake Cathie

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www.facebook.com/lakecathietavern/

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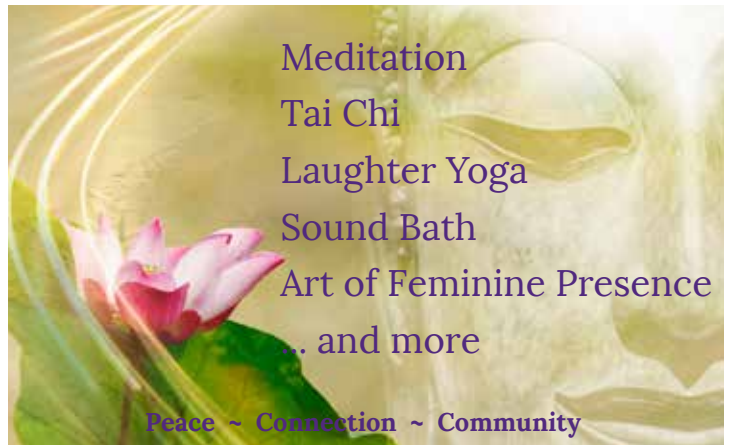
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